



AUTUMN TERM 21 WEEK TWO – SATURDAY

Breakfast

Cereals, Fruit juice, Breads, Croissants and Yogurts
Ready Brek

Full English Cooked Breakfast with Sausage, Bacon, Tomatoes, Beans, Hash Browns
and Fried, Scrambled or Boiled Egg

Hot Lunch

Jacket Potatoes with fillings
Soup of the Day

Hatch One

Chicken Goujons
V – Mushroom Stroganoff
VE – Sweet Chilli Vegetable and Tofu Stir-fry

Hatch Two

New Potatoes, Noodles
Broccoli and Sweetcorn

Salad Bar

Turkey, Ham, Prawns, Cottage Cheese
Tuna Pasta Salad
Zucchini Ribbons with Mint
Beetroot
Sliced Melon Selection
Tomatoes, Cucumber, Coleslaw, Cheese, Lettuce
Egg & Cress

Desserts

Cold – Chocolate Gateau

Evening Meal

Assorted Pizzas
Salad
Chips
Gateau



AUTUMN TERM 21 WEEK TWO – SUNDAY

Brunch

Cereals, Fruit Juice, Breads, American Pancakes with Blueberries and Maple Syrup
and Yogurts

Ready Brek

Full English Cooked Breakfast with Sausage, Bacon, Tomatoes, Beans, Hash Browns
and Fried, Boiled or Scrambled Egg

Sandwiches

Chef's Choice

Evening Meal

Roast Pork with Stuffing & Apple Sauce

V/VE - Indian Vegetable Rice Pilaf

Homemade Wedges

Leeks and Peas

Full Salad Bar

Waffles with Maple Syrup and Cream



AUTUMN TERM 21 WEEK TWO – MONDAY

Breakfast

Cereals, Fruit Juice, Breads, Croissants and Yogurts
Ready Brek

Full English Cooked Breakfast with Sausage, Bacon, Tomatoes, Beans, Hash Browns
and Fried, Boiled or Scrambled Egg

Hot Lunch

Jacket Potatoes with fillings
Soup of the Day

Hatch One

Chipotle Chicken Burrito
Beef Stew
V - Cheese & Onion Slice
VE – Aubergine & Red Pepper Balti

Hatch Two

Roast Potatoes, Bulgur Wheat
Green Beans and Cauliflower Cheese

Salad Bar

Turkey, Ham, Salmon, Cottage Cheese
Egg Salad
Coconut & Lime Rice Noodles
Mozzarella and Cherry Tomatoes
Cucumber and Onion
Tomatoes, Cucumber, Coleslaw, Cheese, lettuce
Chilli Hummus with Grilled Pita Bread

Desserts

Cold –Raspberry & Coconut Slice and Chocolate Mousse

Evening Meal

Soup of the day

Shredded Duck Pancakes with Plum Sauce
Turkey Tagine
V - Chickpea Burgers
Creamed Potatoes, Cous Cous, Mixed Vegetables
Full Salad Bar

Choice of Fresh Fruit or Yogurt
Hot – Cornflake Tart and Custard



AUTUMN TERM 21 WEEK TWO – TUESDAY

Breakfast

Cereals, Fruit Juice, Breads, Croissants and Yogurts
Ready Brek

Full English Cooked Breakfast with Sausage, Bacon, Tomatoes, Beans, Hash Browns and Fried, Boiled or Scrambled Egg

Hot Lunch

Jacket Potatoes with fillings
Soup of the Day

Hatch One

Roast Pork, Apple Sauce & Stuffing
Chicken Goujons
V – Quorn Sausages with Red Onion Gravy
VE - Mushroom, Spring Onion and Broccoli Pasta

Hatch Two

New Roast Potatoes & Creamed
Sautéed Courgettes and Peas

Salad Bar

Ham, Mackerel, Tuna, Cottage Cheese
Strawberry and Spinach Salad
Balsamic Beetroot
Baby Corn
Garlic & Thyme Potato Salad
Tomatoes, Cucumber, Coleslaw, Cheese, Lettuce

Desserts

Cold – Egg Custard & Scones with Jam & Cream

Evening Meal

Soup of the Day

Scampi
Minced Beef Wellington
V - Leek and Courgette Muffin with Tomato and Basil Sauce
Rice, Spicy wedges & Jacket Potatoes
Broccoli
Full Salad Bar

Choice of Fresh Fruit or Yogurt
Hot – Autumn Fruit Crumble with Custard



AUTUMN TERM 21 WEEK TWO – WEDNESDAY

Breakfast

Cereals, Fruit Juice, Breads, Croissants and Yogurts
Ready Brek

Full English Cooked Breakfast with Sausage, Bacon, Tomatoes, Beans, Hash Browns
and Fried, Boiled or Scrambled Egg

Hot Lunch

Jacket Potatoes with fillings
Soup of the Day

Hatch One

Mediterranean Beef Burger
Butter Chicken
V – Three Cheese Pesto Lasagne
VE – Beetroot, Squash & Bean Wellington

Hatch Two

Potato Wedges, Rice
Stir Fried Vegetables

Salad Bar

Beef, Prawns, Tuna, Cottage Cheese
Bang Bang Chicken
Melon Salad
Black Bean, Coriander & Sweetcorn Salad
Grated Lemon Carrot
Tomatoes, Cucumber, Coleslaw, Cheese, Lettuce

Desserts

Cold – Chocolate Brownie & Strawberry Gateau

Evening Meal

Soup of the Day

Breaded Haddock
Singapore Noodles with Pork
Cheese and Ham or V - Cheese & Tomato Toasties
Chips & Quinoa
Sweetcorn
Full Salad Bar

Choice of Fresh Fruit or Yogurt
Hot – Baked Bananas, Toffee Sauce and Custard



AUTUMN TERM 21 WEEK TWO – THURSDAY

Breakfast

Cereals, Fruit Juice, Breads, Croissants and Yogurts
Ready Brek

Full English Cooked Breakfast with Sausage, Bacon, Tomatoes, Beans, Hash Browns and Fried, Boiled or Scrambled Egg

Hot Lunch

Jacket Potatoes with fillings
Soup of the Day

Hatch One

Hot Sandwich – Roast Beef Baguette with Horseradish
Spanish Paprika Pork
Chicken & Vegetable Stew in Yorkshire Pudding
V/VE - Gnocchi with Spinach & Tomato Garlic Sauce

Hatch Two

New Potatoes, Rice
Green Beans and Red Cabbage with Raisins

Salad Bar

Ham, Tuna, Prawns , Cottage Cheese
Beansprouts with Soy
Halloumi, Pesto and Red Pepper
Celery Sticks
Quinoa Salad
Tomatoes, Cucumber, Coleslaw, Cheese, Lettuce
Yogurt and Curry Chicken

Desserts

Cold – Trifle and Flapjack

Evening Meal

Soup of the day

Salmon with Sweet Chilli and Lemon Dressing
Beef Bolognaise
V - Spring Rolls and Hoisin Sauce
Lyonnais Potatoes, Spaghetti
Sautéed Greens
Full Salad Bar

Choice of Fresh Fruit or Yogurt
Hot – Jam Roly Poly with Custard



AUTUMN TERM 21 WEEK TWO – FRIDAY

Breakfast

Cereals, Fruit Juice, Breads, Croissants and Yogurts
Ready Brek

Full English Cooked Breakfast with Sausage, Bacon, Tomatoes, Beans, Hash Browns
and Fried, Boiled or Scrambled Egg

Hot Lunch

Jacket Potatoes with fillings
Soup of the Day

Hatch One

Battered or Baked Fish
Mixed Grill – Sausage, Gammon, Grilled Chicken
V – Cheese & Tomato Pasta
VE – Scrambled Tofu, Garlic Mushroom & red Onion Toastie

Hatch Two

Chips, Rice
Peas & Baby Corn, Balsamic Glazed Tomatoes

Salad Bar

Turkey, Tuna, Mackerel, Cottage cheese
Avocado, Celeriac and Sultana Salad
Mixed Cherry Tomatoes
Minty Roast Vegetable Salad
Pesto Pasta Salad
Tomatoes, Cucumber, Coleslaw, Cheese, Lettuce

Ploughman's Platter

Desserts

Cold - Custard Slice and Tiramisu

Evening Meal

Soup of the day

Meat & Potato Pie
Piri Piri Chicken Drumsticks
V - Macaroni Cheese
New potatoes and Rice
Corn on the Cob
Full Salad Bar

Choice of Fresh Fruit or Yogurt
Hot – Plum Sponge and Custard