



## Autumn Term Week Two - SATURDAY

### **Breakfast**

Cereals, Fruit juice, Breads, Croissants and Yogurts  
Ready Brek  
Full English Cooked Breakfast with Sausage, Bacon, Tomatoes, Beans, Hash Browns and Fried,  
Scrambled or Boiled Egg

### **Hot Lunch – Hatch One**

Omelettes with various fillings  
Jacket Potatoes with fillings  
Soup of the Day

### **Hot Lunch – Hatch Two**

Chicken Goujons  
Vegetarian Cottage Pie (Meat free mince)  
New Potatoes  
Broccoli and Sweetcorn

### **Salad Bar**

Turkey, Ham, Prawns, Crab, Cottage Cheese  
Celeriac Salad  
Curried Chickpea Salad  
Mixed Bean, Pea & Coriander Salad  
Sliced Beetroot  
Tomatoes, Cucumber, Coleslaw, Cheese, Lettuce  
  
Egg & Cress

### **Desserts**

Cold – Chocolate Gateau and Strawberry Whip

### **Evening Meal**

Soup of the Day  
  
Sausages  
Mushroom Stroganoff  
Sauté & New Potatoes, Rice  
Mixed Vegetables  
Full Salad Bar  
  
Hot – Cherry Cobbler  
Choice of Fresh Fruit or Yogurt



**WORKSOP COLLEGE**  
AND  
**RANBY HOUSE**

## **Autumn Term Week Two - SUNDAY**

### **Brunch**

Cereals, Fruit Juice, Breads, Toasted Brioche with Fruit, Yogurt and Honey and Yogurts  
Ready Brek  
Full English Cooked Breakfast with Sausage, Bacon, Tomatoes, Beans, Hash Browns and Fried,  
Boiled or Scrambled Egg

### **Sandwiches**

Chef's Choice

### **Evening Meal – Asian Banquet**

Chicken and Sweetcorn Soup

Garlic and Lemon Pan Fried Prawns and Courgettes

Pork Fried Rice

Spicy Chicken Wings

Stir Fried Vegetable Chow Mein

Prawn Crackers

Full Salad Bar

Iced Doughnuts



## Autumn Term Week Two - MONDAY

### **Breakfast**

Cereals, Fruit Juice, Breads, Croissants and Yogurts  
Ready Brek  
Full English Cooked Breakfast with Sausage, Bacon, Tomatoes, Beans, Hash Browns and Fried,  
Boiled or Scrambled Egg

### **Hot Lunch – Hatch One**

Seafood Pasta  
Hot Sandwich – Chipotle Chicken Burrito  
Jacket Potatoes with fillings  
Soup of the Day

### **Hot Lunch – Hatch Two**

Savoury Mince with Yorkshire Pudding  
Quorn Balls with Arrabiata Sauce  
Roast Potatoes  
Green Beans and Cauliflower Cheese

### **Salad Bar**

Turkey, Beef, Ham, Salmon, Cottage Cheese  
Mixed Olives  
Pepper & Mackerel Wild Rice  
Rocket, Parmesan & Cherry Tomato Salad  
Cucumber Salad  
Tomatoes, Cucumber, Coleslaw, Cheese, lettuce  
  
Greek Salad

### **Desserts**

Cold – Choc Chip Cake and Eton Mess

### **Evening Meal**

Soup of the day  
  
Penne Pork Ragout  
Chicken Satay  
Chickpea and Spinach Stew  
Delmonico Potatoes, Bulgur Wheat  
Mixed Vegetables  
Full Salad Bar  
  
Hot – Cornflake Tart and Custard  
Choice of Fresh Fruit or Yogurt



**WORKSOP COLLEGE**  
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**RANBY HOUSE**

## Autumn Term Week Two - TUESDAY

### **Breakfast**

Cereals, Fruit Juice, Breads, Croissants and Yogurts  
Ready Brek  
Full English Cooked Breakfast with Sausage, Bacon, Tomatoes, Beans, Hash Browns and Fried,  
Boiled or Scrambled Egg

### **Hot Lunch – Hatch One**

Lemongrass, Pak Choy and Mushroom Noodle Stir Fry  
Hor Sandwich - Chicken Tikka Baguette  
Jacket Potatoes with fillings  
Soup of the Day

### **Hot Lunch – Hatch Two**

Gammon and Pineapple  
Vegetable Moussaka  
Colcannon and Bulgur Wheat  
Braised Red Cabbage and Peas

### **Salad Bar**

Ham, Turkey, Mackerel, Tuna, Cottage Cheese  
Pilaf Rice  
Sliced Red Onions  
American Salad  
Potato Salad  
Tomatoes, Cucumber, Coleslaw, Cheese, Lettuce  
  
Chicken Caesar Salad Platter

### **Desserts**

Cold – Tiramisu & Lemon Drizzle Cake

### **Evening Meal**

Soup of the Day  
  
Sesame Turkey Escalope  
Lasagne  
Aubergine and Pea Curry  
Quinoa and Spicy wedges  
Roast Vegetables  
Full Salad Bar  
  
Hot – Autumn Fruit Sponge with Custard  
Choice of Fresh Fruit or Yogurt



**WORKSOP COLLEGE**  
AND  
**RANBY HOUSE**

## **Autumn Term Week Two - WEDNESDAY**

### **Breakfast**

Cereals, Fruit Juice, Breads, Croissants and Yogurts  
Ready Brek  
Full English Cooked Breakfast with Sausage, Bacon, Tomatoes, Beans, Hash Browns and Fried,  
Boiled or Scrambled Egg

### **Hot Lunch Hatch One**

Prawn Pad Thai  
Hot Sandwich – Feta and Mediterranean Veg Bagel  
Jacket Potatoes with fillings  
Soup of the Day

### **Hot Lunch – Hatch Two**

Roast Pork and Apple Sauce  
Vegetable Loaf with Tomato Sauce  
Roast and Creamed Potatoes  
Carrots and Sprouts

### **Salad Bar**

Eggs, Corned Beef, Tuna, Mackerel, Cottage Cheese  
Sausage & Tomato Pasta  
Grape and Melon Salad  
Butter Bean Salad  
Grated Courgette & Carrot  
Tomatoes, Cucumber, Coleslaw, Cheese, Lettuce

Quiche

### **Desserts**

Cold – Butterscotch Whip & Ginger Biscuits

### **Evening Meal**

Soup of the Day  
  
Breaded Scampi  
Cheese and Onion or Ham and Tomato Toasties  
Spanish Omelette with Sweet Potato  
Chips & New Potatoes  
Sweetcorn  
Full Salad Bar  
  
Hot – Jam Roly Poly and Custard  
Choice of Fresh Fruit or Yogurt



## Autumn Term Week Two - THURSDAY

### **Breakfast**

Cereals, Fruit Juice, Breads, Croissants and Yogurts  
Ready Brek  
Full English Cooked Breakfast with Sausage, Bacon, Tomatoes, Beans, Hash Browns and Fried,  
Boiled or Scrambled Egg

### **Hot Lunch – Hatch One**

Bubble and Squeak Risotto  
Hot Sandwich – Steak and Onion Baguette  
Jacket Potatoes with fillings  
Soup of the Day

### **Hot Lunch – Hatch Two**

Bacon Chop, Devilled Sauce  
Macaroni Cheese  
Saute Potatoes  
Peas and Roast Parsnips

### **Salad Bar**

Ham, Pork, Tuna, Prawns , Cottage Cheese  
Beetroot  
Yogurt & Curry Chicken  
Red Cabbage, Pomegranate and Kale Salad  
Noodle Salad  
Tomatoes, Cucumber, Coleslaw, Cheese, Lettuce  
  
Pate & French bread

### **Desserts**

Cold – Strawberry Gateau, Jelly and Chocolate Fudge Slice

### **Evening Meal**

Soup of the day  
  
Bacon and Mushroom Quiche  
Lamb and Mint Suet Pie  
Vegetable Spring Rolls with Plum Sauce  
Lyonnaise Potatoes  
Sliced Green Beans  
Quinoa  
Full Salad Bar  
  
Stewed Fruits with Custard  
Choice of Fresh Fruit or Yogurt



**WORKSOP COLLEGE**  
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## **Autumn Term Week Two - FRIDAY**

### **Breakfast**

Cereals, Fruit Juice, Breads, Croissants and Yogurts  
Ready Brek  
Full English Cooked Breakfast with Sausage, Bacon, Tomatoes, Beans, Hash Browns and Fried,  
Boiled or Scrambled Egg

### **Hot Lunch – Hatch One**

Chicken Jambalaya  
Hot Sandwich – Brie and Cranberry Panini  
Jacket Potatoes with fillings  
Soup of the Day

### **Hot Lunch – Hatch Two**

Homemade Cod and Spring Onion Fishcakes with Parsley Sauce  
Chinese Fried Rice  
Chips  
Mushy Peas and Carrots

### **Salad Bar**

Ham , Turkey, Tuna, Mackerel, Cottage cheese  
Bean Sprouts  
Waldorf salad  
Avocado, Mint and Feta Salad  
Rice salad  
Tomatoes, Cucumber, Coleslaw, Cheese, Lettuce  
  
Smoked Trout Pate

### **Desserts**

Cold - Eclairs and Berry Cheesecake

### **Evening Meal**

Soup of the day  
  
Steak and Mushroom Pie  
Salmon Creole  
Bean Burgers in Brioche Bun  
New potatoes and Yellow Rice  
Corn on the Cob  
Full Salad Bar  
  
Hot – Bakewell Tart and Custard  
Choice of Fresh Fruit or Yogurt