

## Spring Term Week Three - SATURDAY

WORKSOP COLLEGE

<u>Breakfast</u>

Cereals, Fruit Juice, Breads, Croissants and Yogurts Ready Brek Full English Cooked Breakfast with Sausage, Bacon, Tomatoes, Beans, Hash Browns and Fried, Scrambled or Boiled Egg

### Hot Lunch

Jacket Potatoes with fillings Soup of the Day

### Hatch One

Beef Lasagne Tikka Topped Cod V - Egg Fried Rice with Bok Choy and Chilli Hot Sandwich – Currywurst

### Hatch Two

Creamed potatoes, Bulgur Wheat Ratatouille and Swede

### Salad Bar

Ham, Chicken, Tuna, Prawns, Cottage Cheese Sugar Snap Peas & Baby Corn, Bean and Tomato Salad, Zucchini Ribbons with Mint, Noodle Salad Mozzarella with Tomato and Basil

<u>Desserts</u>
Cold – Berry Cheesecake and Chocolate Brownie
Evening Meal
Pizza Night
Assorted Pizzas
Salad
Gateau



# Spring Term Week Three - SUNDAY

WORKSOP COLLEGE

Brunch

Cereals, Fruit Juice, Breads, Croissants, Bagels and Cream Cheese and Yogurts Ready Brek Full English Cooked Breakfast with Sausage, Bacon, Tomatoes, Beans, Hash Browns and Fried, Boiled or Scrambled Egg

**Sandwiches** 

Chef's Choice

### Evening Meal

Tomato and Basil Soup

Spaghetti Carbonnara Chicken Katsu Panko Coated Vegetables with Sweet Chilli Sauce Roast and New Potatoes Rice Roast Vegetables Full Salad Bar

Waffles with Banana and Chocolate sauce



## Spring Term Week Three - MONDAY

WORKSOP COLLEGE

<u>Breakfast</u>

Cereals, Fruit Juice, Breads, Croissants and Yogurts Ready Brek Full English Cooked Breakfast with Sausage, Bacon, Tomatoes, Beans, Hash Browns and Fried, Boiled or Scrambled Egg

### Hot Lunch

Jacket Potatoes with fillings Soup of the Day

### <u>Hatch One</u>

Rump Steak with Peppercorn Sauce Chicken Pad Thai Vegan - Jamaican Vegetable Curry Hot sandwich - Cheese, Red Pepper and Tuna Melt

### Hatch Two

Mustard Mash, Rice Roasted Thyme Beetroot and Broccoli

### Salad Bar

Ham, Turkey, Salmon, Tuna, Cottage Cheese Butter Bean Salad, Chinese Vegetable Salad, Grated Carrot, Cous Cous Salad Tomatoes, Cucumber, Coleslaw, Cheese, Lettuce Pork Pie & Pickled Onions

> Desserts Cold –Rocky Road & Shortbread

### Evening Meal

Soup of the day Sausage Plait Homemade Fish Cakes V - Cheese and Tomato Pasta Herb Diced Potatoes, Rice Sweetcorn Full Salad Bar Choice of Fresh Fruit or Yogurt Hot – Apple Pie



### Spring Term Week Three - TUESDAY

WORKSOP COLLEGE RANBY HOUSE

<u>Breakfast</u>

Cereals, Fruit Juice, Breads, Croissants and Yogurts Ready Brek Full English Cooked Breakfast with Sausage, Bacon, Tomatoes, Beans, Hash Browns and Fried, Boiled or Scrambled Egg

Hot Lunch

Jacket Potatoes with fillings Soup of the Day

#### <u>Hatch One</u>

V – Roasted Red Pepper & Tomato Tart Hot Sandwich – Chilli Beef Tacos Macaroni Cheese Lemon and Garlic Roasted Chicken

### Hot Lunch – Hatch Two

Chive Potatoes, Rice Sautéed Courgettes and Mixed Vegetables

Salad Bar

Beef, Ham, Mackerel, Tuna, Cottage Cheese Rice & Peas Fennel, Pink Grapefruit & Feta Salad Sliced Beetroot Carrot and Courgette Tomatoes, Cucumber, Coleslaw, Cheese, Lettuce

Pate with French Bread

**Desserts** 

Cold – Lemon Meringue Pie and Fruit Cake with Cheese

Evening Meal Soup of the Day

Moroccan Prawn Rice Bowl Chicken, Bacon and Leek Hot Pot Vegetable Stew with Herb Dumplings Potato Wedges & Cous Cous Red Cabbage Full Salad Bar

Choice of fresh fruit or yogurt Hot – Rhubarb Crumble with Custard



RANBY HOUSE

## Spring Term Week Three - WEDNESDAY

<u>Breakfast</u>

Cereals, Fruit Juice, Breads, Croissants and Yogurts Ready Brek Full English Cooked Breakfast with Sausage, Bacon, Tomatoes, Beans, Hash Browns and Fried, Boiled or Scrambled Egg

Hot Lunch Jacket Potatoes with fillings Soup of the Day

### Hatch One

Vegan & Vegetarian - Home Made Pizza – Various Toppings Bacon Chops

### Hot Lunch – Hatch Two

Boulangere Potatoes Peas and Cauliflower Cheese

Salad Bar

Ham, Beef, Tuna, Mackerel, Cottage Cheese Spicy Yogurt Chicken Rice Salad Carrot & Cabbage Pasta Salad Tomatoes, Cucumber, Coleslaw, Cheese, Lettuce

Sausage Rolls

<u>Desserts</u> Cold – Victoria Sponge and Malt Loaf

Evening Meal Soup of the Day

Savoury Mince with Cheese Cobbler Chargrilled Turkey Steaks V - Vegetable Tacos Chips & Cous Cous Broccoli Full Salad Bar

Choice of Fresh Fruit or Yogurt Hot – Rice Pudding



## Spring Term Week Three - THURSDAY

RANBY HOUSE

<u>Breakfast</u>

Cereals, Fruit Juice, Breads, Croissants and Yogurts Ready Brek Full English Cooked Breakfast with Sausage, Bacon, Tomatoes, Beans, Hash Browns and Fried,

Boiled or Scrambled Egg

Hot Lunch Jacket Potatoes with fillings Soup of the Day

### Hatch One

Roast Beef and Yorkshire Pudding Hot Sandwich – Southern Fried Chicken Sub Cajun Salmon Vegan – BBQ sausage and Bean Hot Pot

Hot Lunch – Hatch Two

Creamed and Roast Potatoes Green Beans and Carrots

Salad Bar

Ham, Turkey, Tuna, Prawns, Cottage cheese Cucumber & Mint Italian Salad Apple, Celery & Grape Cauliflower & Radish Salad Tomatoes, Cucumber, Coleslaw, Cheese, Lettuce

Cheese & Biscuits on a Platter

<u>Desserts</u>

Cold - Chocolate Flapjack, Mandarin Jelly and Carrot Cake

#### Evening Meal Soup of the day

Beef Bolognaise Mixed Grill Vegan - Butternut Squash, Lemon and Parsley Risotto Sauté Potatoes, Pasta Peas Full Salad Bar

> Choice of Fresh Fruit or Yogurt Hot – Cranberry Sponge with Custard



### Spring Term Week Three - FRIDAY

WORKSOP COLLEGE

<u>Breakfast</u>

Cereals, Fruit Juice, Breads, Croissants and Yogurts Ready Brek Full English Cooked Breakfast with Sausage, Bacon, Tomatoes, Beans, Hash Browns and Fried, Boiled or Scrambled Egg

Hot Lunch

Jacket Potatoes with fillings Soup of the Day

#### Hatch One

Battered or Baked Fish Vegan - Thai Green Vegetable Curry Chicken Fajita with Salsa and Sour Cream Mushroom and Tarragon Mille Feuille

#### Hot Lunch – Hatch Two

Chips, Sticky Rice Mushy Peas and Sweetcorn

y reas and Sween

<u>Salad Bar</u> Ham , Turkey, Beef, Mackerel, Cottage Cheese Red Cabbage Asian Noodle Salad Pineapple Rice Halloumi Salad Tomatoes, Cucumber, Coleslaw, Cheese, Lettuce

Parma Ham, Olive & Roasted Pepper

**Desserts** 

Cold – Chocolate Fudge Cake and Apple Pie

Evening Meal Soup of the Day

Toad in the Hole Chicken Burgers Spicy Sichuan Noodles Boiled Potatoes Leeks Full Salad Bar

Choice of Fresh Fruit or Yogurt Hot – Jam Roly Poly and Custard