



WORKSOP COLLEGE
AND
RANBY HOUSE

Autumn Term Week One - SATURDAY

Breakfast

Cereals, Fruit Juice, Breads, Croissants and Yogurts
Ready Brek

Full English Cooked Breakfast with Sausage, Bacon, Tomatoes, Beans, Hash Browns and Fried,
Scrambled or Boiled Egg

Hot Lunch – Hatch One

Chicken, Chorizo and Ham Risotto
Hot Sandwich – Fish Fingers on Soft Bap with Tartar Sauce
Jacket Potatoes with fillings
Soup of the Day

Hot Lunch – Hatch Two

Pork Steak Char Sui
Butternut Squash Cobbler
Champ Mash, Rice Noodles
Carrots and Broccoli

Salad Bar

Ham, Turkey, Tuna, Prawns, Cottage Cheese
Herby Salad
Grated Carrot
White Bean, Tuna & Tomato Salad
Fruited Cous Cous Salad
Tomatoes, Cucumber, Coleslaw, Cheese, Lettuce

Tomato, Mozzarella and Basil

Desserts

Fruit Scones and Chocolate Cake
Fruit and Yogurt

Evening Meal

Soup of the Day

Breaded Haddock
Sweet and Sour Vegetables with Rice
Curly Fries & Jacket Potatoes
Peas
Full Salad Bar

Peach Oaty Crumble
Choice of Fresh Fruit or Yogurt



WORKSOP COLLEGE
AND
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Autumn Term Week One - SUNDAY

Brunch

Cereals, Fruit Juice, Breads, Pan au Chocolate and Yogurts

Ready Brek

Full English Cooked Breakfast with Sausage, Bacon, Tomatoes, Beans, Hash Browns and Fried,
Boiled or Scrambled Egg

Sandwiches

Assorted sandwiches

Evening Meal – Carvery

Soup of the day

Full Salad Bar

Carvery of Roast Meats and Accompaniments

Sweet Potato Mac and Cheese

Roast & Creamed Potatoes

Seasonal Vegetables

Blackcurrant Sponge and Custard

Assorted Cold Desserts



Autumn Term Week One - MONDAY

Breakfast

Cereals, Fruit Juice, Breads, Croissants and Yogurts
Ready Brek
Full English Cooked Breakfast with Sausage, Bacon, Tomatoes, Beans, Hash Browns and Fried,
Boiled or Scrambled Egg

Hot Lunch – Hatch One

Smoky Pork and Boston Beans
Hot Sandwich – Salmon Enchiladas
Jacket Potatoes with fillings
Soup of the Day

Hot Lunch – Hatch Two

Meat and Potato Pie
Vegetable Rendang
Chive Mashed Potatoes, Noodles
Mushy Peas and Minted Cabbage

Salad Bar

Ham, Chicken, Tuna, Prawns, Cottage cheese
Asparagus and Radish Salad
Apple, Date and Cheese Salad
Sliced Peppers
Farfalle with Zucchini and parsley Pesto
Tomatoes, Cucumber, Coleslaw, Cheese, Lettuce

Egg Mayonnaise

Desserts

Cold – Caramel Shortbread and Ginger Cookies
Fruit and Yogurt

Evening Meal

Soup of the day
Lancashire Hotpot
Baked Ham
Vegetable Flan
Roast Potatoes
Mixed Vegetables
Cous Cous
Full Salad Bar

Hot – Apple and Blackberry Pancakes with Raspberry Sauce
Choice of Fresh Fruit or Yogurt



Autumn Term Week One - TUESDAY

Breakfast

Cereals, Fruit Juice, Breads, Croissants and Yogurts
Ready Brek
Full English Cooked Breakfast with Sausage, Bacon, Tomatoes, Beans, Hash Browns and Fried,
Boiled or Scrambled Egg

Hot Lunch – Hatch One

Spaghetti Bolognaise
Hot Sandwich – Mushroom Biryani Burritos
Jacket Potatoes with fillings
Soup of the Day

Hot Lunch – Hatch Two

Roast Chicken and Stuffing
Vegetable Fritters with Spinach Cream Sauce
Roast and Creamed Potatoes
Broccoli and Sweetcorn

Salad Bar

Ham, Turkey, Mackerel, Salmon, Cottage Cheese
Chicory Salad
Red Cabbage and Carrot Salad
Roast Vegetables with Bulgur Wheat
Croutons
Tomatoes, Cucumber, Coleslaw, Cheese, Lettuce

Indian Platter

Desserts

Cold – Strawberry Cheesecake and Apple and Caramel Pie

Evening Meal

Soup of the Day

Shrimp Penne in Tomato Sauce
Turkey Escalope with Cheese and Ham Sauce
Balti Mushrooms with Garlic Bread
Rice, New potatoes
Mangetout
Full Salad Bar

Hot – Lemon Sponge with Lemon Sauce
Choice of Fresh Fruit & Yogurt



WORKSOP COLLEGE
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Autumn Term Week One - WEDNESDAY

Breakfast

Cereals, Fruit Juice, Breads, Croissants and Yogurts
Ready Brek
Full English Cooked Breakfast with Sausage, Bacon, Tomatoes, Beans, Hash Browns and Fried,
Boiled or Scrambled Egg

Hot Lunch – Hatch One

Beef Mole and Tacos
Hot Sandwich – Bacon, Brie and Red Onion Baguette
Jacket Potatoes with fillings
Soup of the Day

Hot Lunch – Hatch Two

Salmon with Dill Sauce
Vegetable Tortilla Lasagne
New and Sweet Potato Wedges
Stir Fried Cabbage and Creamed Leeks

Salad Bar

Ham, Corned Beef, Prawns, Tuna, Cottage Cheese
Sweetcorn Salad
Jalapeno Salsa
Indian Style Cucumber Salad
Celery Sticks
Tomatoes, Cucumber, Coleslaw, Cheese, lettuce

Pizza

Desserts

Cold – Jam and Lemon Tarts and Chocolate Swiss Roll

Evening Meal

Soup of the Day

Chicken Katsu
Minced Beef Wellington
Thai Red Quorn Curry
Chips & Boiled Potatoes
Rice
Peas
Full Salad Bar

Hot – Rice Pudding
Choice of Fresh Fruit or Yogurt



Autumn Term Week One - THURSDAY

Breakfast

Cereals, Fruit Juice, Breads, Croissants and Yogurts
Ready Brek
Full English Cooked Breakfast with Sausage, Bacon, Tomatoes, Beans, Hash Browns and Fried,
Boiled or Scrambled Egg

Hot Lunch – Hatch One

Oriental Pork Balls in Hoisin Broth with Noodles
Hot Sandwich – Mozzarella and Tomato Toastie
Jacket Potatoes with fillings
Soup of the Day

Hot Lunch – Hatch Two

Hunters Chicken
Lentil and Vegetable Pie
Boulangere Potatoes
Stir Fried Vegetables

Salad Bar

Ham, Beef, Tuna, Crab, Cottage cheese
Red Pesto Pasta
Garlic and Thyme Potato Salad
Pickled Onions
Barley Salad with Parsley and Walnuts
Tomatoes, Cucumber, Coleslaw, Cheese, Lettuce

BLT Salad

Desserts

Cold – Doughnuts and Jam and Cream Puffs, Jelly

Evening Meal

Soup of the day

Prawn and Chorizo Gumbo
Lamb Cobbler
Vegetable Filo parcels with Cheese Sauce
Creamed potatoes
Carrots
Noodles
Full Salad Bar
Hot – Treacle Tart with Custard
Choice of Fresh Fruit or Yogurt



WORKSOP COLLEGE
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Autumn Term Week One - FRIDAY

Breakfast

Cereals, Fruit Juice, Breads, Croissants and Yogurts
Ready Brek
Full English Cooked Breakfast with Sausage, Bacon, Tomatoes, Beans, Hash Browns and Fried,
Boiled or Scrambled Egg

Hot Lunch – Hatch One

Chicken Basque
Hot Sandwich – BBQ Pulled Pork in Brioche Bun
Jacket Potatoes with fillings
Soup of the Day

Hot Lunch – Hatch Two

Baked or Fried Battered Fish
Leek and Mushroom Quiche
Chips
Mushy Peas and Carrot and Parsnip Mash

Salad Bar

Turkey, Ham, Mackerel, Hard Boiled Eggs, cottage cheese
Spinach salad
Minted Cous Cous
Pasta in Herb Olive Oil
Apple, Celery & Crab Salad
Tomatoes, Cucumber, Coleslaw, Cheese, Lettuce

Platter of Vegetables & Dips

Desserts

Cold - Passion Cake and Caramel Tiffin

Evening Meal

Soup of the day

Roast Turkey with Stuffing and Cranberry Sauce
Cheesy Cod and Spinach Bake
Courgette and Aubergine Tagine
Sliced Potatoes & Onions
Green Beans
Rice
Full Salad Bar

Hot - Chocolate Sponge & Chocolate Sauce
Choice of fresh fruit or yogurt