



**WORKSOP COLLEGE**  
AND  
**RANBY HOUSE**

## Spring Term Week One - SATURDAY

### **Breakfast**

Cereals, Fruit Juice, Breads, Croissants and Yogurts  
Ready Brek

Full English Cooked Breakfast with Sausage, Bacon, Tomatoes, Beans, Hash Browns and Fried,  
Scrambled or Boiled Egg

### **Hot Lunch**

Soup of the Day  
Jacket Potatoes with fillings

### **Hatch 1**

Hot Sandwich - Ranchers Chicken Burger  
Braised Steak in Red Wine  
Baked Cod  
V – Vegetable Suet Pie

### **Hatch 2**

New Potatoes, Spiced Lentils, Rice  
Carrots, Broccoli

### **Salad Bar**

Ham, Turkey, Tuna, Prawns, Cottage Cheese  
Eggs, Pasta Salad, Jalapenos  
Tomatoes, Cucumber, Coleslaw, Cheese, Lettuce  
Chicken and Bacon

### **Desserts**

Fruit Scones and Chocolate Gateau  
Fruit and Yogurt

### **Evening Meal**

Pizza Night  
Assorted Pizzas  
Salad

Iced Doughnuts



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## **Spring Term Week One - SUNDAY**

### **Brunch**

Cereals, Fruit Juice, Breads, Pan au Chocolate and Yogurts  
Ready Brek  
Full English Cooked Breakfast with Sausage, Bacon, Tomatoes, Beans, Hash Browns and Fried,  
Boiled or Scrambled Egg

### **Sandwiches**

Assorted sandwiches

### **Evening Meal – Carvery**

Soup of the Day

Full Salad Bar

Carvery of Roast Meats and Accompaniments

Vegan - Stuffed Tomatoes

Roast & Creamed Potatoes

Seasonal Vegetables

Chocolate Chip Sponge and Custard

Assorted Cold Desserts



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## Spring Term Week One - MONDAY

### **Breakfast**

Cereals, Fruit Juice, Breads, Croissants and Yogurts  
Ready Brek

Full English Cooked Breakfast with Sausage, Bacon, Tomatoes, Beans, Hash Browns and Fried,  
Boiled or Scrambled Egg

### **Hot Lunch**

Jacket Potatoes with fillings  
Soup of the Day

### **Hatch One**

Cheese and Ham Pasta  
Meat and Potato Pie  
V - Hot Sandwich – Garlic Mushrooms on Toast  
**Vegan** - Vegetable Curry

### **Hot Lunch – Hatch Two**

Chive Mashed Potatoes, Rice  
Mushy Peas and Minted Cabbage

### **Salad Bar**

Ham, Chicken, Tuna, Prawns, Cottage cheese  
Mixed bean salad, Pineapple, Asparagus and Parma Ham, Fruited Cous Cous  
Tomatoes, Cucumber, Coleslaw, Cheese, Lettuce

Egg Mayonnaise

### **Desserts**

Cold – Caramel Slice and Tiramisu  
Fruit and Yogurt

### **Evening Meal**

Soup of the day  
Chicken Tagine  
Pork & Stuffing Baguettes with Apple Sauce  
**Vegan** – Vegetable Stir Fry  
Roast Potatoes, Cous Cous, Mixed Vegetables  
Full Salad Bar

Choice of Fresh Fruit or Yogurt  
Hot – Eves Pudding & Custard



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## Spring Term Week One - TUESDAY

### Breakfast

Cereals, Fruit Juice, Breads, Croissants and Yogurts

Ready Brek

Full English Cooked Breakfast with Sausage, Bacon, Tomatoes, Beans, Hash Browns and Fried,  
Boiled or Scrambled Egg

### Hot Lunch

Jacket Potatoes with fillings

Soup of the Day

### Hatch One

Sweet & Sour Battered Chicken

Pork Sausages

Hot Sandwich V - Halloumi Pitta with Salsa

**Vegan** - Oat and Chick Pea Dumplings with Tomato Sauce

### Hatch Two

Creamed Potatoes, Rice

Mangetout and Sweetcorn

### Salad Bar

Ham, Turkey, Mackerel, Salmon, Cottage Cheese

Sweetcorn, Red Cabbage and Carrot Salad, Red Pesto Pasta, Red Onion

Tomatoes, Cucumber, Coleslaw, Cheese, Lettuce

Indian Platter

### Desserts

Cold – Strawberry Cheesecake and Jam Swiss Roll

### Evening Meal

Soup of the Day

Shrimp Penne in Tomato Sauce

Southern Fried Chicken

**Vegan** - Mushroom and Sweet Potato Ragu

Quinoa, New potatoes

Broccoli

Full Salad Bar

Choice of Fresh Fruit & Yogurt

Hot – Pear & Peach Crumble with Custard



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## Spring Term Week One - WEDNESDAY

### Breakfast

Cereals, Fruit Juice, Breads, Croissants and Yogurts  
Ready Brek  
Full English Cooked Breakfast with Sausage, Bacon, Tomatoes, Beans, Hash Browns and Fried,  
Boiled or Scrambled Egg

### Hot Lunch

Jacket Potatoes with fillings  
Soup of the Day

### Hatch One

Chicken Stew and Yorkshire Pudding  
Teriyaki Salmon  
Vegan - Vegetable Risotto  
V - Hot Sandwich – Bean, Salsa and Cheese Quesadillas

### Hatch Two

Cheese & Leek Mash, Bulgur Wheat  
Stir Fried Cabbage and Creamed Leeks

### Salad Bar

Ham, Corned Beef, Prawns, Tuna, Cottage Cheese  
Sliced Peppers, Rice Salad, Beansprouts & Mangetout, Anti Pasto Salad  
Tomatoes, Cucumber, Coleslaw, Cheese, lettuce

Smoked Trout Pate with Crackers

### Desserts

Cold – Lemon Drizzle and Chocolate & Orange Mousse

### Evening Meal

Soup of the Day  
Lamb Balti with Poppadum  
Bacon Chop  
V - Falafel on Roast Vegetables with Spicy Yogurt Dip  
Chips, Boiled Potatoes, Rice  
Peas  
Full Salad Bar

Choice of Fresh Fruit or Yogurt  
Hot – Rice Pudding



## Spring Term Week One - THURSDAY

### **Breakfast**

Cereals, Fruit Juice, Breads, Croissants and Yogurts  
Ready Brek  
Full English Cooked Breakfast with Sausage, Bacon, Tomatoes, Beans, Hash Browns and Fried,  
Boiled or Scrambled Egg

### **Hot Lunch**

Soup of the Day  
Jacket Potatoes with fillings

### **Hatch One**

Roast Chicken and Stuffing  
Vegan – BBQ Jack Fruit & Vegetable Stir Fry Wraps  
Beef Bolognaise  
V – Vegetable Filo Pie with Cheese Sauce

### **Hatch Two**

Roast & Creamed Potatoes, Spaghetti  
Roast Parsnips and Carrots

### **Salad Bar**

Ham, Beef, Tuna, Chicken, Cottage cheese  
Beetroot, Potato Salad, Mixed Olives, Avocado, Mint & Feta  
Tomatoes, Cucumber, Coleslaw, Cheese, Lettuce  
Pizza

### **Desserts**

Cold – Doughnuts and Double Choc Chip Loaf Cake, Jelly

### **Evening Meal**

Soup of the day  
Turkey & Broccoli Crumble  
BBQ Crispy Battered Pork  
V – Mozzarella and Tomato Toastie  
Boiled potatoes, Noodles  
Sprouts  
Full Salad Bar

Choice of Fresh Fruit or Yogurt  
Hot – Chocolate Sponge and Chocolate Sauce



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## Spring Term Week One - FRIDAY

### **Breakfast**

Cereals, Fruit Juice, Breads, Croissants and Yogurts  
Ready Brek  
Full English Cooked Breakfast with Sausage, Bacon, Tomatoes, Beans, Hash Browns and Fried,  
Boiled or Scrambled Egg

### **Hot Lunch**

Jacket Potatoes with fillings  
Soup of the Day

### **Hatch One**

Baked or Fried Fish  
Chicken Jambalaya  
Hot Sandwich – Sweet Chilli Pork Burgers  
Vegan – Garlic and Herb Stuffed Mushrooms

### **Hatch Two**

Chips, Quinoa  
Mushy Peas and Fresh Mixed Vegetables

### **Salad Bar**

Turkey, Ham, Mackerel, Tuna, cottage cheese  
Spinach salad, Minted Cous Cous, Saurkraut, Julienne of Raw Vegetables  
Tomatoes, Cucumber, Coleslaw, Cheese, Lettuce  
Prawn Salad with Thousand Island Dressing

### **Desserts**

Cold - Passion Cake and Iced Jam & Vanilla Sponge Tart

### **Evening Meal**

Soup of the day  
Cottage Pie  
Rosemary Lamb Steak  
V - Vegetable Tortilla Lasagne  
Sliced Potatoes & Onions  
Green Beans  
Rice  
Full Salad Bar

Choice of fresh fruit or yogurt  
Hot – Mincemeat Tart with Custard