

**AUTUMN TERM 20 WEEK THREE – SATURDAY**

**Breakfast**

Cereals, Fruit Juice, Breads, Croissants and Yogurts  
Ready Brek  
Full English Cooked Breakfast with Sausage, Bacon, Tomatoes, Beans, Hash Browns and Fried, Scrambled or Boiled Egg

**Hot Lunch**

Jacket Potatoes with fillings  
Soup of the Day

**Hatch One**

Tex Mex Enchilada Bake  
V – Vegetable Korma  
VE – Spiced Lentil Shepherd Pie

**Hatch Two**

Creamed potatoes, Rice  
Ratatouille and Broccoli

**Salad Bar**

Ham, Chicken, Tuna, Prawns, Cottage Cheese  
Sugar Snap Peas  
Chilli and Cucumber in Natural Yogurt  
Potato & Chive Salad  
Mango and Mint Salsa  
  
Continental Platter

**Desserts**

Cold – Berry Cheesecake and Eton Mess

**Evening Meal**

Soup of the Day  
  
Cajun Chicken Nachos  
V – Vegetable Pasty  
Chips, Chinese Fried Rice  
Peas  
Full Salad Bar  
  
Choice of Fresh Fruit or Yogurt  
Hot – Sugar Waffles with Fruit and Cream

**AUTUMN TERM 20 WEEK THREE – SUNDAY**

**Brunch**

Cereals, Fruit Juice, Breads, Croissants, Crumpets and Yogurts

Ready Brek

Full English Cooked Breakfast with Sausage, Bacon, Tomatoes, Beans, Hash Browns and Fried, Boiled or Scrambled Egg

**Sandwiches**

Chefs choice

**Evening Meal**

Soup of the Day

Roast Turkey with Stuffing and Cranberry Sauce

V - Black Bean and Vegetable Stir Fry

Noodles, Roast and Croquette Potatoes

Mixed Vegetables and Carrots

Full Salad Bar

Eves Pudding and Custard

**AUTUMN TERM 20 WEEK THREE – MONDAY**

**Breakfast**

Cereals, Fruit Juice, Breads, Croissants and Yogurts  
Ready Brek  
Full English Cooked Breakfast with Sausage, Bacon, Tomatoes, Beans, Hash Browns and Fried, Boiled or Scrambled Egg

**Hot Lunch**

Jacket Potatoes with fillings  
Soup of the Day

**Hatch One**

Lasagne  
Baked Cod on Curried lentils with Curry Sauce  
V – Tomato & Mozzarella Slice  
VE – Vegetable Ragù with Cauliflower Rice

**Hatch Two**

New Potatoes  
Roasted Thyme Beetroot and Broccoli

**Salad Bar**

Ham, Turkey, Salmon, Tuna, Cottage Cheese  
Sliced Mixed Peppers  
Chick Peas With Chilli & Roast Shallots  
Florida Salad  
Rocket, Parmesan and Cherry Tomato  
Tomatoes, Cucumber, Coleslaw, Cheese, Lettuce  
  
Cheese and Bacon Quiche

**Desserts**

Cold – Pineapple Upside Down Tart & Shortbread

**Evening Meal**

Soup of the day  
  
Salmon Enchiladas  
BBQ Chicken  
V/VE - Hot Sandwich – Cajun Bean Burgers with Jalapenos  
Herb Diced Potatoes, Rice  
Sweetcorn  
Full Salad Bar  
Choice of Fresh Fruit or Yogurt  
  
Hot – Apple Crumble and Custard

**AUTUMN TERM 20 WEEK THREE – TUESDAY**

**Breakfast**

Cereals, Fruit Juice, Breads, Croissants and Yogurts  
Ready Brek  
Full English Cooked Breakfast with Sausage, Bacon, Tomatoes, Beans, Hash Browns and Fried, Boiled or Scrambled Egg

**Hot Lunch**

Jacket Potatoes with fillings  
Soup of the Day

**Hatch One**

Chicken Chow Mein  
Beef and Spinach Burritos  
V - Macaroni Cheese  
VE – Plantain & Spinach Curry

**Hatch Two**

Roast Potatoes  
Minted Cabbage and Mixed Vegetables

**Salad Bar**

Beef, Ham, Mackerel, Tuna, Cottage Cheese  
Garlic Mushrooms  
Halloumi, Lentil and Rocket Salad  
Thai Salad  
Mediterranean Vegetable Salad  
Tomatoes, Cucumber, Coleslaw, Cheese, Lettuce  
Marinated Chicken Drumsticks

**Desserts**

Cold – Chocolate Cup Cakes and Fruit Cake with Cheese

**Evening Meal**

Soup of the Day  
BBQ Ribs  
Thai Green Chicken Curry  
V - Cheese and Courgette Soufflé  
Potato Wedges & Cous Cous  
Cauliflower  
Full Salad Bar  
Choice of fresh fruit or yogurt  
Hot – Chocolate and Cherry Sponge with Custard

**AUTUMN TERM 20 WEEK THREE – WEDNESDAY**

**Breakfast**

Cereals, Fruit Juice, Breads, Croissants and Yogurts  
Ready Brek  
Full English Cooked Breakfast with Sausage, Bacon, Tomatoes, Beans, Hash Browns and Fried, Boiled or Scrambled Egg

**Hot Lunch**

Jacket Potatoes with fillings  
Soup of the Day

**Hatch One**

Home Made Pizza – Various Toppings  
Vegetable Dhansak

**Hatch Two**

Boulangere Potatoes, Bulgur Wheat  
Stir Fried Vegetables

**Salad Bar**

Ham, Beef, Tuna, Prawns, Cottage Cheese  
Spicy Yogurt Chicken  
Melon & Grape Salad  
Corn Salad  
Asparagus Wild Rice Salad  
Tomatoes, Cucumber, Coleslaw, Cheese, Lettuce  
Tomato Bruschetta

**Desserts**

Cold – Victoria Sponge and Malt Loaf

**Evening Meal**

Soup of the Day  
Bacon & Brie Chicken  
Beef Ragu and Garlic Bread  
V - Quorn Toad in the Hole  
Chips & Pasta  
Peas  
Full Salad Bar  
Choice of Fresh Fruit or Yogurt  
Hot – Rice Pudding with Jam

**AUTUMN TERM 20 WEEK THREE – THURSDAY**

**Breakfast**

Cereals, Fruit Juice, Breads, Croissants and Yogurts  
Ready Brek  
Full English Cooked Breakfast with Sausage, Bacon, Tomatoes, Beans, Hash Browns and Fried, Boiled or Scrambled Egg

**Hot Lunch**

Jacket Potatoes with fillings  
Soup of the Day

**Hatch One**

Garlic & Thyme Pot Roast Beef with Dough Ball  
V/VE - Spicy Harissa and Vegetable Bake  
Cumberland Curls  
Hot Sandwich - Chicken Gyros with Tzatziki in Pitta

**Hatch Two**

Sweet Potato Mash and Roast Potatoes, Rice  
Broccoli and Carrots

**Salad Bar**

Ham, Turkey, Tuna, Prawns, Cottage cheese  
Cucumber & Mint  
Sun blush Tomatoes  
Caesar Salad  
Mackerel Salad  
Tomatoes, Cucumber, Coleslaw, Cheese, Lettuce  
Cheese & Biscuits on a Platter

**Desserts**

Cold – Arctic Roll, Jelly and Carrot Cake

**Evening Meal**

Soup of the day  
Lamb and Coriander Burgers  
Turkey & Ham Pancakes  
V - Pea and Mint Risotto  
Boulangere Potatoes  
Courgettes  
Full Salad Bar  
Choice of Fresh Fruit or Yogurt  
Hot – Apple and Dried Fruit Strudel with Custard

**AUTUMN TERM 20 WEEK THREE – FRIDAY**

**Breakfast**

Cereals, Fruit Juice, Breads, Croissants and Yogurts  
Ready Brek  
Full English Cooked Breakfast with Sausage, Bacon, Tomatoes, Beans, Hash Browns and Fried, Boiled or Scrambled Egg

**Hot Lunch**

Jacket Potatoes with fillings  
Soup of the Day

**Hatch One**

Battered or Baked Fish  
Minced Beef Pie  
V - Hot Sandwich - Fajita Vegetable Quesadilla  
VE - Spinach Pakora and Coconut Dhal

**Hatch Two**

Chips, Cous Cous  
Mushy Peas and Stir fried Kale

**Salad Bar**

Ham, Turkey, Beef, Mackerel, Cottage Cheese  
Pomegranate & Pear Salad with Ginger Dressing  
Pasta Salad  
Peach & Strawberry Salad  
Croutons  
Tomatoes, Cucumber, Coleslaw, Cheese, Lettuce  
Seafood Platter

**Desserts**

Cold – Chocolate Brownie and Apple Pie

**Evening Meal**

Soup of the Day  
Toad in the Hole  
Spicy Chicken Fillet in Burger Bun  
V - Quiche  
Boiled Potatoes, Noodles  
Leeks  
Full Salad Bar  
Choice of Fresh Fruit or Yogurt  
Hot – Baked Spiced Pears and Chocolate Sauce