

Spring Term Week One - SATURDAY

WORKSOP COLLEGE

Breakfast

Cereals, Fruit Juice, Breads, Croissants and Yogurts Ready Brek Full English Cooked Breakfast with Sausage, Bacon, Tomatoes, Beans, Hash Browns and Fried, Scrambled or Boiled Egg

Hot Lunch

Soup of the Day Jacket Potatoes with fillings

Hatch 1

Hot Sandwich - Ranchers Chicken Burger Pork Stroganoff Baked Cod Vegan option – Sichuan Noodles

Hatch 2

New Potatoes, Spiced Lentils Carrots, Broccoli

Salad Bar

Ham, Turkey, Tuna, Prawns, Cottage Cheese Eggs, Pasta Salad, Tomatoes, Cucumber, Coleslaw, Cheese, Lettuce Chicken and Bacon

Desserts

Fruit Scones and Chocolate Brownie Fruit and Yogurt

Evening Meal

Pizza Night Assorted Pizzas Salad

Iced Doughnuts



Spring Term Week One - SUNDAY

WORKSOP COLLEGE RANBY HOUSE

Brunch

Cereals, Fruit Juice, Breads, Pan au Chocolate and Yogurts Ready Brek Full English Cooked Breakfast with Sausage, Bacon, Tomatoes, Beans, Hash Browns and Fried, Boiled or Scrambled Egg

Sandwiches

Assorted sandwiches

Evening Meal – Carvery

Soup of the day

Full Salad Bar

Carvery of Roast Meats and Accompaniments Vegan option – Stuffed Tomatoes Roast & Creamed Potatoes Seasonal Vegetables

> Chocolate Chip Sponge and Custard Assorted Cold Desserts



Spring Term Week One - MONDAY

WORKSOP COLLEGE

<u>Breakfast</u>

Cereals, Fruit Juice, Breads, Croissants and Yogurts Ready Brek Cooked Breakfast with Sausage, Bacon, Tomatoes, Beans, Hash Browns and Frie

Full English Cooked Breakfast with Sausage, Bacon, Tomatoes, Beans, Hash Browns and Fried,

Boiled or Scrambled Egg

<u>Hot Lunch</u> Jacket Potatoes with fillings Soup of the Day

Hatch One

V - Cheese and Tomato Pasta Meat and Potato Pie Hot Sandwich – Fish Dogs with Tartar Sauce Vegan option- Vegetable Curry

Hot Lunch – Hatch Two

Chive Mashed Potatoes, Rice Mushy Peas and Minted Cabbage

Salad Bar

Ham, Chicken, Tuna, Prawns, Cottage cheese Mixed Bean Salad, Pineapple, Asparagus and Radish, Fruited Cous Cous, Tomatoes, Cucumber, Coleslaw, Cheese, Lettuce

Egg Mayonnaise

<u>Desserts</u>

Cold – Caramel Slice and Cookies Fruit and Yogurt

Evening Meal

Soup of the day Chicken Tagine Baked Ham with Fried Egg Vegan option – African Stew Roast Potatoes, Cous Cous, Mixed Vegetables Full Salad Bar

Choice of Fresh Fruit or Yogurt Hot – Jam and Coconut Sponge & Custard



RANBY HOUSE

Spring Term Week One - TUESDAY

Breakfast

Cereals, Fruit Juice, Breads, Croissants and Yogurts Ready Brek Full English Cooked Breakfast with Sausage, Bacon, Tomatoes, Beans, Hash Browns and Fried, Boiled or Scrambled Egg

Hot Lunch

Jacket Potatoes with fillings Soup of the Day

Hatch One

Beef Chilli Pork Sausages Hot Sandwich V - Halloumi Pitta with Salsa Vegan option- Oat and Chick Pea Dumplings with Tomato Sauce

Hatch Two

Creamed Potatoes, Rice Mangetout and Sweetcorn

Salad Bar

Ham, Turkey, Mackerel, Salmon, Cottage Cheese Sweetcorn, Red Cabbage and Carrot Salad, Red Pesto Pasta, Red Onion Tomatoes, Cucumber, Coleslaw, Cheese, Lettuce

Indian Platter

<u>Desserts</u>

Cold – Strawberry Cheesecake and Jam Swiss Roll

Evening Meal Soup of the Day

Shrimp Penne in Tomato Sauce Chicken Goujons Vegan option - Mushroom and Sweet Potato Ragu Quinoa, New potatoes Broccoli Full Salad Bar Choice of Fresh Fruit & Yogurt Hot – Pear Crumble with Custard



RANBY HOUSE

Spring Term Week One - WEDNESDAY

Breakfast

Cereals, Fruit Juice, Breads, Croissants and Yogurts Ready Brek Full English Cooked Breakfast with Sausage, Bacon, Tomatoes, Beans, Hash Browns and Fried, Boiled or Scrambled Egg

Hot Lunch

Jacket Potatoes with fillings Soup of the Day

Hatch One

Chicken Stew and Dumpling Teriyaki Salmon Vegan option- Vegetable Risotto V - Hot Sandwich – Bean, Salsa and Cheese Quesadillas

Hatch Two

Sweet Potato Wedges, Boiled Potatoes, Quinoa Stir Fried Cabbage and Creamed Leeks

Salad Bar

Ham, Corned Beef, Prawns, Tuna, Cottage Cheese Sliced Peppers, Rice Salad, Bulgur Wheat Salad and Olive Oil, Radish and Celery Tomatoes, Cucumber, Coleslaw, Cheese, lettuce

Pizza

Desserts

Cold – Lemon Drizzle and Chocolate Mousse with Mixed Berries

Evening Meal

Soup of the Day Lamb Balti Bacon Chop Falafel on Roast Vegetables with Spicy Yogurt Dip Chips, Boiled Potatoes, Rice Peas Full Salad Bar

> Choice of Fresh Fruit or Yogurt Hot – Rice Pudding



Spring Term Week One - THURSDAY

RANBY HOUSE

<u>Breakfast</u>

Cereals, Fruit Juice, Breads, Croissants and Yogurts Ready Brek Full English Cooked Breakfast with Sausage, Bacon, Tomatoes, Beans, Hash Browns and Fried, Boiled or Scrambled Egg

Hot Lunch

Soup of the Day Jacket Potatoes with fillings

Hatch One

Roast Chicken Vegan option - Lentil Sweet Potato Pie Beef Bolognaise V - Hot Sandwich – Mozzarella and Tomato Toastie

Hatch Two

Roast Potatoes, Creamed Potatoes, Spaghetti, Stuffing Roast Parsnips and Carrots

Salad Bar

Ham, Beef, Tuna, Crab, Cottage cheese Beetroot, Potato Salad, Mixed Olives, Barley Salad with Parsley and Walnuts Tomatoes, Cucumber, Coleslaw, Cheese, Lettuce Chicken Caesar Salad

Desserts

Cold – Doughnuts and Double Choc Chip Loaf Cake, Jelly

Evening Meal

Soup of the day Baked Cod with Parsley Butter Sweet and Sour Crispy Battered Pork V - Vegetable Filo Pie with Cheese Sauce Boiled potatoes, Noodles Broccoli Full Salad Bar

Choice of Fresh Fruit or Yogurt Hot – Chocolate Sponge and Chocolate Sauce



Spring Term Week One - FRIDAY

WORKSOP COLLEGE

<u>Breakfast</u>

Cereals, Fruit Juice, Breads, Croissants and Yogurts Ready Brek Full English Cooked Breakfast with Sausage, Bacon, Tomatoes, Beans, Hash Browns and Fried, Boiled or Scrambled Egg

Hot Lunch

Jacket Potatoes with fillings Soup of the Day

Hatch One

Baked or Fried Fish Chicken Stir Fry Hot Sandwich – BBQ Pulled Pork in Brioche Bun Vegan option – Garlic and Herb Stuffed Mushrooms

Hatch Two

Chips, Noodles Mushy Peas and Fresh Mixed Vegetables

Salad Bar

Turkey, Ham, Mackerel, Tuna, cottage cheese Spinach salad, Minted Cous Cous, Apple, Celery & Grape, Julienne of Raw Vegetables Tomatoes, Cucumber, Coleslaw, Cheese, Lettuce Prawn Salad with Thousand Island Dressing

Desserts

Cold - Passion Cake and Banana & Nutella Puff

Evening Meal

Soup of the day Cottage Pie Swedish Meatballs Vegan option- Vegetable and Red Pesto Pasta Sliced Potatoes & Onions Green Beans Rice Full Salad Bar

> Choice of fresh fruit or yogurt Hot – Mincemeat Tart with Custard