

Spring Term Week Two - SATURDAY

WORKSOP COLLEGE

Breakfast

Cereals, Fruit Juice, Breads, Croissants and Yogurts Ready Brek Full English Cooked Breakfast with Sausage, Bacon, Tomatoes, Beans, Hash Browns and Fried, Scrambled or Boiled Egg

Hot Lunch

Jacket Potatoes with fillings Soup of the Day

Hatch One

Chicken Goujons Omelettes with various fillings Vegan - Vegetable Chilli

Hatch Two

New Potatoes, Rice Baby Corn and Mangetout

Salad Bar

Turkey, Ham, Prawns, Crab, Cottage Cheese Apple, Celeriac & Sultana Salad, Curried Chickpea Salad, Cherry Tomato & Coriander Tomatoes, Cucumber, Coleslaw, Cheese, Lettuce Egg & Cress

Desserts

Cold - Ginger Cake and Strawberry Whip

Evening Meal

American Theme Beef/Cheese Burgers V – Vegetable Burgers Chips Salads

Assorted Cream Cakes



Spring Term Week Two - SUNDAY

RANBY HOUSE

Brunch

Cereals, Fruit Juice, Breads, American Pancakes with Blueberries and Maple Syrup and Yogurts Ready Brek Full English Cooked Breakfast with Sausage, Bacon, Tomatoes, Beans, Hash Browns and Fried, Boiled or Scrambled Egg <u>Sandwiches</u>

Chef's Choice

Evening Meal

Beef Stroganoff Caramelised Chicken with Sesame Seeds Courgette and Aubergine Lasagne Creamed Potatoes Roast Vegetables Full Salad Bar

Cherry Pie



Spring Term Week Two - MONDAY

WORKSOP COLLEGE

Breakfast

Cereals, Fruit Juice, Breads, Croissants and Yogurts Ready Brek Full English Cooked Breakfast with Sausage, Bacon, Tomatoes, Beans, Hash Browns and Fried, Boiled or Scrambled Egg

Hot Lunch

Jacket Potatoes with fillings Soup of the Day

Hatch One

Lamb and Mint Suet Pie Hot Sandwich – Roast Pork, Stuffing and Apple Sauce on Soft Roll Vegan - Vegan Sausage and Pasta Bake Seafood Paella

Hatch Two

Garlic Roast New Potatoes Green Beans and Cauliflower Cheese

Salad Bar

Turkey, Beef, Ham, Salmon, Cottage Cheese Bok Choy, Carrot & Apple Slaw, Chicken & Spinach Pasta, Pear & Stilton Salad Cucumber and Onion Tomatoes, Cucumber, Coleslaw, Cheese, lettuce

Parma Ham with Figs

Desserts

Cold - Butterfly Buns and Cheese & Biscuits

Evening Meal

Soup of the day

Scampi Thai Red Coconut Chicken Curry Vegan - Lentil Dhal Homemade Wedges, Rice Mixed Vegetables Full Salad Bar

Choice of Fresh Fruit or Yogurt Hot – Cornflake Tart and Custard



RANBY HOUSE

Spring Term Week Two - TUESDAY

Breakfast

Cereals, Fruit Juice, Breads, Croissants and Yogurts Ready Brek

Full English Cooked Breakfast with Sausage, Bacon, Tomatoes, Beans, Hash Browns and Fried,

Boiled or Scrambled Egg

Hot Lunch

Jacket Potatoes with fillings Soup of the Day

Hatch One

Hot Sandwich - BBQ Chicken Burrito Vegetable Chow Mein Beef Bourguignon Hot Pot Vegan - Vegetable Pasty

Hatch Two

New Potatoes and Bulgur Wheat Braised Red Cabbage and Peas

<u>Salad Bar</u>

Ham, Turkey, Mackerel, Tuna, Cottage Cheese Rice, Beetroot, Red Apple & Watercress, American Salad, Potato Salad Tomatoes, Cucumber, Coleslaw, Cheese, Lettuce

Greek Salad

Desserts

Cold - Banoffee Sundae and Chocolate Gateau

Evening Meal

Soup of the Day Salmon, Red Pesto and Tomato Quiche Chicken & Chorizo Tray Bake Gnocchi with Spinach, Tomato and Garlic Spicy wedges Stir Fried Kale Full Salad Bar

Choice of Fresh Fruit or Yogurt Hot – Blackberry and Apple Oaty Crumble with Custard



Spring Term Week Two - WEDNESDAY

WORKSOP COLLEGE

Breakfast

Cereals, Fruit Juice, Breads, Croissants and Yogurts Ready Brek Full English Cooked Breakfast with Sausage, Bacon, Tomatoes, Beans, Hash Browns and Fried,

Boiled or Scrambled Egg

Hot Lunch

Jacket Potatoes with fillings Soup of the Day

Hatch One

Garlic Chicken with Tomato Butter Sauce Hot Sandwich – Steak, Cheese and Red Onion Panini Baked Ham with Parsley & Cider Sauce V - Quorn meatballs with Tomato Butter Sauce

Hatch Two

Boiled Potatoes, Pasta Carrots and Sprouts

Salad Bar

Chicken, Corned Beef, Tuna, Mackerel, Cottage Cheese Ham & Tomato Pasta, Melon Salad, Tuscan Salad, Grated Lemon Carrot Tomatoes, Cucumber, Coleslaw, Cheese, Lettuce Cream Cheese Jalapenos and Mozzarella Sticks

Desserts

Cold – Assorted Muffins and Eclairs

Evening Meal

Soup of the Day

Breaded Haddock Beef and Ale Pie V – Halloumi and Roast Vegetable Pitta with Sweet Chilli Sauce Chips & Quinoa Sweetcorn Full Salad Bar

> Choice of Fresh Fruit or Yogurt Hot – Strawberry Cobbler and Custard



Spring Term Week Two - THURSDAY

WORKSOP COLLEGE RANBY HOUSE

Breakfast

Cereals, Fruit Juice, Breads, Croissants and Yogurts Ready Brek Full English Cooked Breakfast with Sausage, Bacon, Tomatoes, Beans, Hash Browns and Fried,

Boiled or Scrambled Egg

Hot Lunch

Jacket Potatoes with fillings Soup of the Day

Hatch One

Roast Turkey and Cranberry Sauce Fish Pie Hot Sandwich – Bacon, Brie and Sweet Chilli Baguette Vegan - Butternut Squash Crumble

<u>Hatch Two</u>

Roast and Creamed Potatoes Peas and Roast Parsnips

Salad Bar

Ham, Pork, Tuna, Prawns , Cottage Cheese Blueberry, Cucumber & Cherry Tomato, Sweet Chilli Vegetables, Red Cabbage, Quinoa Salad Tomatoes, Cucumber, Coleslaw, Cheese, Lettuce

Continental Meat Platter

<u>Desserts</u> Cold – Tart au Citron and Flapjack

Evening Meal

Soup of the day BBQ Pork Chops Beef Burgers V - Cheese and Onion Pasty Lyonnaise Potatoes, Spaghetti Sliced Green Beans Full Salad Bar

Choice of Fresh Fruit or Yogurt Hot – Pancakes with Chocolate Sauce and Whipped Cream



Spring Term Week Two - FRIDAY

WORKSOP COLLEGE

Breakfast

Cereals, Fruit Juice, Breads, Croissants and Yogurts Ready Brek Full English Cooked Breakfast with Sausage, Bacon, Tomatoes, Beans, Hash Browns and Fried, Boiled or Scrambled Egg

Hot Lunch

Jacket Potatoes with fillings Soup of the Day

Hatch One

Battered or Baked Fish Vegan - Vegetable Balti Chicken Casserole with Dumplings V - Hot Sandwich – Cheese, Bean & Sweetcorn Nachos with Sour Cream & Guacamole

Hatch Two

Chips and Rice Mushy Peas and Carrots

Salad Bar

Ham , Turkey, Tuna, Mackerel, Cottage cheese Green Salad, Kale Salad, Beansprouts, Garlic Mushrooms Tomatoes, Cucumber, Coleslaw, Cheese, Lettuce

Caesar Salad Desserts

Cold - Egg Custard Tart and Iced Biscuits

Evening Meal

Soup of the day

Roast Beef and Yorkshire Pudding Ham, Spring Onion and Cheese Slice V – Carrot, Zucchini and Parsnip Frittata Creamed potatoes Corn on the Cob Full Salad Bar

Choice of Fresh Fruit or Yogurt Hot – Syrup Sponge and Custard