



Autumn Term Week Two - SATURDAY

Breakfast

Cereals, Fruit juice, Breads, Croissants and Yogurts
Ready Brek

Full English Cooked Breakfast with Sausage, Bacon, Tomatoes, Beans, Hash Browns and Fried,
Scrambled or Boiled Egg

Hot Lunch

Jacket Potatoes with fillings
Soup of the Day

Hatch One

Chicken Goujons
Omelettes with various fillings
Vegan – Sweet Potato, Date and Aubergine Tagine

Hatch Two

New Potatoes, Cous Cous
Baby Corn and Mangetout

Salad Bar

Turkey, Ham, Prawns, Crab, Cottage Cheese
Apple, Celeriac & Sultana Salad, Curried Chickpea Salad, Cherry Tomato & Coriander
Tomatoes, Cucumber, Coleslaw, Cheese, Lettuce

Egg & Cress

Desserts

Cold – Chocolate Gateau and Cherry Loaf Cake

Evening Meal

American Theme
Beef/Cheese Burgers
V – Vegetable Burgers
Chips
Salads

Assorted Cream Cakes



WORKSOP COLLEGE
AND
RANBY HOUSE

Autumn Term Week Two - SUNDAY

Brunch

Cereals, Fruit Juice, Breads, American Pancakes with Blueberries and Maple Syrup and Yogurts
Ready Brek
Full English Cooked Breakfast with Sausage, Bacon, Tomatoes, Beans, Hash Browns and Fried,
Boiled or Scrambled Egg

Sandwiches

Chef's Choice

Evening Meal

Bacon and Cheese Turnover
Caramelised Chicken with Sesame Seeds
Courgette and Aubergine Lasagne
Creamed Potatoes
Roast Vegetables
Full Salad Bar

Cherry Waffles with Cream



WORKSOP COLLEGE
AND
RANBY HOUSE

Autumn Term Week Two - MONDAY

Breakfast

Cereals, Fruit Juice, Breads, Croissants and Yogurts
Ready Brek

Full English Cooked Breakfast with Sausage, Bacon, Tomatoes, Beans, Hash Browns and Fried,
Boiled or Scrambled Egg

Hot Lunch

Jacket Potatoes with fillings
Soup of the Day

Hatch One

Moroccan Lamb Pie
Hot Sandwich – Roast Pork, Stuffing and Apple Sauce on Soft Roll
V - Quorn Ball and Pasta Bake
Creamy Prawn Curry

Hatch Two

Roast Potatoes, Rice
Green Beans and Cauliflower Cheese

Salad Bar

Turkey, Beef, Ham, Salmon, Cottage Cheese
Carrot and Courgette Ribbons, Sugar snap Pea & Carrot Noodles, Cheese Salad
Cucumber and Onion
Tomatoes, Cucumber, Coleslaw, Cheese, lettuce

Ploughman's Platter

Desserts

Cold – Butterfly Buns and Chocolate Flapjack

Evening Meal

Soup of the day

Cod Fish Cakes and Tartar Sauce
Coriander and Coconut Chicken Curry
Vegan - Lentil Dhal
Creamed Potatoes, Cous Cous
Mixed Vegetables
Full Salad Bar

Choice of Fresh Fruit or Yogurt
Hot – Cornflake Tart and Custard



WORKSOP COLLEGE
AND
RANBY HOUSE

Autumn Term Week Two - TUESDAY

Breakfast

Cereals, Fruit Juice, Breads, Croissants and Yogurts
Ready Brek
Full English Cooked Breakfast with Sausage, Bacon, Tomatoes, Beans, Hash Browns and Fried,
Boiled or Scrambled Egg

Hot Lunch

Jacket Potatoes with fillings
Soup of the Day

Hatch One

Hot Sandwich – Spicy Chicken Sub
Vegetable Chow Mein
Beef Bourguignon
Pumpkin, Goats Cheese and Fennel Galette

Hatch Two

New Potatoes and Bulgur Wheat
Braised Red Cabbage and Peas

Salad Bar

Ham, Turkey, Mackerel, Tuna, Cottage Cheese
Wild Rice Salad, Balsamic Beetroot, Chopped Mixed Salad, Potato Salad
Tomatoes, Cucumber, Coleslaw, Cheese, Lettuce

Pork & Rice Noodle Salad

Desserts

Cold – Banoffee Sundae and Chocolate Brownie

Evening Meal

Soup of the Day
Scampi
Chicken with Wild Mushrooms and Tarragon
Vegetable Fajitas
Rice and Spicy wedges
Stir Fried Kale
Full Salad Bar

Choice of Fresh Fruit or Yogurt
Hot – Blackberry and Apple Crumble with Custard



Autumn Term Week Two - WEDNESDAY

Breakfast

Cereals, Fruit Juice, Breads, Croissants and Yogurts
Ready Brek
Full English Cooked Breakfast with Sausage, Bacon, Tomatoes, Beans, Hash Browns and Fried,
Boiled or Scrambled Egg

Hot Lunch

Jacket Potatoes with fillings
Soup of the Day

Hatch One

Thai Basil Chicken
Hot Sandwich – Steak, Cheese and Red Onion Panini
Baked Ham and Pineapple
V - Quorn Nasi Goreng

Hatch Two

Boiled Potatoes, Rice
Carrots and Sprouts

Salad Bar

Chicken, Corned Beef, Tuna, Mackerel, Cottage Cheese
Ham & Tomato Pasta, Rocket & Water Melon Salad, Mixed Bean Salad, Grated Lemon Carrot
Tomatoes, Cucumber, Coleslaw, Cheese, Lettuce

Chinese Platter

Desserts

Cold – Assorted Muffins and Eclairs

Evening Meal

Soup of the Day

Breaded Haddock
Mash Topped Beef and Ale Pie
V – Halloumi and Roast Vegetable Pitta with Sweet Chilli Sauce
Chips & Quinoa
Sweetcorn
Full Salad Bar

Choice of Fresh Fruit or Yogurt
Hot – Raspberry Custard served with Cream



Autumn Term Week Two - THURSDAY

Breakfast

Cereals, Fruit Juice, Breads, Croissants and Yogurts
Ready Brek
Full English Cooked Breakfast with Sausage, Bacon, Tomatoes, Beans, Hash Browns and Fried,
Boiled or Scrambled Egg

Hot Lunch

Jacket Potatoes with fillings
Soup of the Day

Hatch One

Roast Turkey and Cranberry Sauce
Broccoli and Salmon Tagliatelli
Hot Sandwich – Pepperoni, Olive and Cheese Melts
Vegan - Butternut Squash & Courgette Crumble

Hatch Two

Roast and Creamed Potatoes
Peas and Roast Parsnips

Salad Bar

Ham, Chicken Drumsticks, Tuna, Prawns , Cottage Cheese
Beansprouts with Soy, Butternut Squash & Apple Salad, Red Cabbage, Quinoa Salad
Tomatoes, Cucumber, Coleslaw, Cheese, Lettuce

Nachos and Dips

Desserts

Cold – Red Velvet Cake and Flapjack

Evening Meal

Soup of the day
Scotch Eggs
Beef Bolognese
V - Cheese and Onion Pasty
Lyonnais Potatoes, Spaghetti
Sliced Green Beans
Full Salad Bar

Choice of Fresh Fruit or Yogurt
Hot – Pear and Chocolate Sponge



Autumn Term Week Two - FRIDAY

Breakfast

Cereals, Fruit Juice, Breads, Croissants and Yogurts
Ready Brek
Full English Cooked Breakfast with Sausage, Bacon, Tomatoes, Beans, Hash Browns and Fried,
Boiled or Scrambled Egg

Hot Lunch

Jacket Potatoes with fillings
Soup of the Day

Hatch One

Battered or Baked Fish
Vegan - Vegetable Balti
Chicken Casserole in Yorkshire Pudding
V - Hot Sandwich – Sweet and Spicy Sloppy Joes

Hatch Two

Chips and Rice
Mushy Peas and Carrots

Salad Bar

Ham , Turkey, Tuna, Mackerel, Cottage cheese
Green Salad, Cumin, Lentil & Carrot salad, , Garlic Mushrooms
Tomatoes, Cucumber, Coleslaw, Cheese, Lettuce

Greek Salad

Desserts

Cold - Portuguese Custard Tart and Chocolate Chip Loaf Cake

Evening Meal

Soup of the day

Meatballs in Tomato and Garlic Sauce
Ham, Spring Onion and Cheese Slice
V – Carrot, Zucchini and Parsnip Frittata
New potatoes and Spaghetti
Corn on the Cob
Full Salad Bar

Choice of Fresh Fruit or Yogurt
Hot – Orange Croissant Pudding and Custard