

# Spring Term Week Two - SATURDAY

WORKSOP COLLEGE

**Breakfast** 

Cereals, Fruit Juice, Breads, Croissants and Yogurts Ready Brek Full English Cooked Breakfast with Sausage, Bacon, Tomatoes, Beans, Hash Browns and Fried, Scrambled or Boiled Egg

# Hot Lunch

Jacket Potatoes with fillings Soup of the Day

### Hatch One

Chicken Goujons Omelettes with various fillings Vegan - Vegetable Chilli

# Hatch Two

New Potatoes, Rice Baby Corn and Mangetout

# Salad Bar

Turkey, Ham, Prawns, Crab, Cottage Cheese Apple, Celeriac & Sultana Salad, Curried Chickpea Salad, Cherry Tomato & Coriander Tomatoes, Cucumber, Coleslaw, Cheese, Lettuce Egg & Cress

#### **Desserts**

Cold - Ginger Cake and Strawberry Whip

# **Evening Meal**

American Theme Beef/Cheese Burgers V – Vegetable Burgers Chips Salads

Assorted Cream Cakes



# Spring Term Week Two - SUNDAY

WORKSOP COLLEGE RANBY HOUSE

### **Brunch**

Cereals, Fruit Juice, Breads, American Pancakes with Blueberries and Maple Syrup and Yogurts Ready Brek Full English Cooked Breakfast with Sausage, Bacon, Tomatoes, Beans, Hash Browns and Fried, Boiled or Scrambled Egg <u>Sandwiches</u>

Chef's Choice

### Evening Meal

Beef Stroganoff Caramelised Chicken with Sesame Seeds Courgette and Aubergine Lasagne Creamed Potatoes Roast Vegetables Full Salad Bar

Cherry Pie



# Spring Term Week Two - MONDAY

WORKSOP COLLEGE

<u>Breakfast</u>

Cereals, Fruit Juice, Breads, Croissants and Yogurts Ready Brek Full English Cooked Breakfast with Sausage, Bacon, Tomatoes, Beans, Hash Browns and Fried, Boiled or Scrambled Egg

Hot Lunch

Jacket Potatoes with fillings Soup of the Day

### Hatch One

Lamb and Mint Suet Pie Hot Sandwich – Roast Pork, Stuffing and Apple Sauce on Soft Roll V - Quorn Sausage and Pasta Bake Seafood Paella

# Hatch Two

Garlic Roast New Potatoes Green Beans and Cauliflower Cheese

Salad Bar

Turkey, Beef, Ham, Salmon, Cottage Cheese Bok Choy, Carrot & Apple Slaw, Chicken & Spinach Pasta, Pear & Stilton Salad Cucumber and Onion Tomatoes, Cucumber, Coleslaw, Cheese, lettuce

Parma Ham with Figs

#### **Desserts**

Cold – Butterfly Buns and Cheese & Biscuits

**Evening Meal** 

Soup of the day

Scampi Thai Red Coconut Chicken Curry Vegan - Lentil Dhal Homemade Wedges, Rice Mixed Vegetables Full Salad Bar

Choice of Fresh Fruit or Yogurt Hot – Cornflake Tart and Custard



RANBY HOUSE

# Spring Term Week Two - TUESDAY

**Breakfast** 

Cereals, Fruit Juice, Breads, Croissants and Yogurts Ready Brek

Full English Cooked Breakfast with Sausage, Bacon, Tomatoes, Beans, Hash Browns and Fried,

Boiled or Scrambled Egg

Hot Lunch

Jacket Potatoes with fillings Soup of the Day

# Hatch One

Hot Sandwich - BBQ Chicken Burrito Vegetable Chow Mein Beef Bourguignon Hot Pot Vegan - Vegetable Pasty

# Hatch Two

New Potatoes and Bulgur Wheat Braised Red Cabbage and Peas

# <u>Salad Bar</u>

Ham, Turkey, Mackerel, Tuna, Cottage Cheese Rice, Beetroot, Red Apple & Watercress, American Salad, Potato Salad Tomatoes, Cucumber, Coleslaw, Cheese, Lettuce

Greek Salad

# **Desserts**

Cold – Banoffee Sundae and Chocolate Gateau

# Evening Meal

Soup of the Day Salmon Enchiladas Chicken & Chorizo Tray Bake Chickpea Dhal Spicy wedges Stir Fried Kale Full Salad Bar

Choice of Fresh Fruit or Yogurt Hot – Blackberry and Apple Oaty Crumble with Custard



# Spring Term Week Two - WEDNESDAY

WORKSOP COLLEGE

**Breakfast** 

Cereals, Fruit Juice, Breads, Croissants and Yogurts Ready Brek Full English Cooked Breakfast with Sausage, Bacon, Tomatoes, Beans, Hash Browns and Fried, Boiled or Scrambled Egg

Hot Lunch

Jacket Potatoes with fillings Soup of the Day

### Hatch One

Garlic Chicken with Tomato Butter Sauce Hot Sandwich – Steak, Cheese and Red Onion Panini Baked Ham with Parsley & Cider Sauce V - Quorn meatballs with Tomato Butter Sauce

# Hatch Two

Boiled Potatoes, Pasta Carrots and Sprouts

# Salad Bar

Chicken, Corned Beef, Tuna, Mackerel, Cottage Cheese Ham & Tomato Pasta, Melon Salad, Tuscan Salad, Grated Lemon Carrot Tomatoes, Cucumber, Coleslaw, Cheese, Lettuce Cream Cheese Jalapenos and Mozzarella Sticks

**Desserts** 

Cold – Assorted Muffins and Eclairs

# Evening Meal

Soup of the Day

Breaded Haddock Beef and Ale Pie V – Halloumi and Roast Vegetable Pitta with Sweet Chilli Sauce Chips & Quinoa Sweetcorn Full Salad Bar

> Choice of Fresh Fruit or Yogurt Hot – Strawberry Cobbler and Custard



# Spring Term Week Two - THURSDAY

WORKSOP COLLEGE

<u>Breakfast</u>

Cereals, Fruit Juice, Breads, Croissants and Yogurts Ready Brek Full English Cooked Breakfast with Sausage, Bacon, Tomatoes, Beans, Hash Browns and Fried,

Boiled or Scrambled Egg

Hot Lunch

Jacket Potatoes with fillings Soup of the Day

# <u>Hatch One</u>

Roast Turkey and Cranberry Sauce Fish Pie Hot Sandwich – Bacon, Brie and Sweet Chilli Baguette Vegan - Butternut Squash Crumble

# Hatch Two

Roast and Creamed Potatoes Peas and Roast Parsnips

# Salad Bar

Ham, Pork, Tuna, Prawns, Cottage Cheese Blueberry, Cucumber & Cherry Tomato, Sweet Chilli Vegetables, Red Cabbage, Quinoa Salad Tomatoes, Cucumber, Coleslaw, Cheese, Lettuce Continental Meat Platter

# Desserts

Cold – Tart au Citron and Flapjack

# Evening Meal

Soup of the day BBQ Pork Chops Beef Burgers V - Cheese and Onion Pasty Lyonnaise Potatoes, Spaghetti Sliced Green Beans Full Salad Bar

Choice of Fresh Fruit or Yogurt Hot – Pancakes with Chocolate Sauce and Whipped Cream



# Spring Term Week Two - FRIDAY

WORKSOP COLLEGE

<u>Breakfast</u>

Cereals, Fruit Juice, Breads, Croissants and Yogurts Ready Brek Full English Cooked Breakfast with Sausage, Bacon, Tomatoes, Beans, Hash Browns and Fried, Boiled or Scrambled Egg

Hot Lunch

Jacket Potatoes with fillings Soup of the Day

# Hatch One

Battered or Baked Fish Vegan - Vegetable Balti Chicken Casserole with Dumplings V - Hot Sandwich – Cheese, Bean & Sweetcorn Nachos with Sour Cream & Guacamole

# Hatch Two

Chips and Rice Mushy Peas and Carrots

# Salad Bar

Ham , Turkey, Tuna, Mackerel, Cottage cheese Green Salad, Kale Salad, Beansprouts, Garlic Mushrooms Tomatoes, Cucumber, Coleslaw, Cheese, Lettuce

Caesar Salad Desserts

Cold - Egg Custard Tart and Iced Biscuits

# Evening Meal

Soup of the day

Roast Beef and Yorkshire Pudding Ham, Spring Onion and Cheese Slice V – Carrot, Zucchini and Parsnip Frittata Creamed potatoes Corn on the Cob Full Salad Bar

Choice of Fresh Fruit or Yogurt Hot – Syrup Sponge and Custard