



Autumn Term Week One - SATURDAY

Breakfast

Cereals, Fruit Juice, Breads, Croissants and Yogurts
Ready Brek
Full English Cooked Breakfast with Sausage, Bacon, Tomatoes, Beans, Hash Browns and Fried,
Scrambled or Boiled Egg

Hot Lunch

Soup of the Day
Jacket Potatoes with fillings

Hatch 1

Hot Sandwich – Pulled BBQ Chicken Sliders
Pork Steak with Mustard Sauce
Smoky Fish Bake
Cauliflower Cheese Pie

Hatch 2

New Potatoes, Spiced Lentils
Carrots, Broccoli

Salad Bar

Ham, Turkey, Tuna, Prawns, Cottage Cheese
Eggs, Pasta Salad, Baby Corn
Tomatoes, Cucumber, Coleslaw, Cheese, Lettuce
Chicken and Bacon

Desserts

Fruit Scones and Chocolate Brownie
Fruit and Yogurt

Evening Meal

Pizza Night
Assorted Pizzas
Salad

Iced Doughnuts



WORKSOP COLLEGE
AND
RANBY HOUSE

Autumn Term Week One - SUNDAY

Brunch

Cereals, Fruit Juice, Breads, Pan au Chocolate and Yogurts

Ready Brek

Full English Cooked Breakfast with Sausage, Bacon, Tomatoes, Beans, Hash Browns and Fried,
Boiled or Scrambled Egg

Sandwiches

Assorted sandwiches

Evening Meal – Carvery

Soup of the Day

Full Salad Bar

Carvery of Roast Meats and Accompaniments

Vegan - Stuffed Tomatoes

Roast & Creamed Potatoes

Seasonal Vegetables

Chocolate Chip Sponge and Custard

Assorted Cold Desserts



Autumn Term Week One - MONDAY

Breakfast

Cereals, Fruit Juice, Breads, Croissants and Yogurts
Ready Brek
Full English Cooked Breakfast with Sausage, Bacon, Tomatoes, Beans, Hash Browns and Fried,
Boiled or Scrambled Egg

Hot Lunch

Jacket Potatoes with fillings
Soup of the Day

Hatch One

V - Cheese and Tomato Pasta
Meat and Potato Pie
Hot Sandwich – Fish Dogs with Tartar Sauce
Vegan – Roast Root Vegetables & Tofu with Maple dressing

Hatch Two

Chive Mashed Potatoes, Bulgur Wheat
Mushy Peas and Minted Cabbage

Salad Bar

Ham, Chicken, Tuna, Prawns, Cottage cheese
Green Bean & Feta Salad, Melon, Asparagus and Parma Ham, Fruited Cous Cous
Tomatoes, Cucumber, Coleslaw, Cheese, Lettuce

Egg Mayonnaise

Desserts

Cold – Caramel Slice and Shrewsbury Biscuits
Fruit and Yogurt

Evening Meal

Soup of the day
Chipotle Chicken Meatballs
Baked Ham with Fried Egg
Zucchini, Tomato and Spinach Muffins with Cheese Sauce
Roast Potatoes, Cous Cous, Mixed Vegetables
Full Salad Bar

Choice of Fresh Fruit or Yogurt
Hot – Jam and Coconut Sponge & Custard



WORKSOP COLLEGE
AND
RANBY HOUSE

Autumn Term Week One - TUESDAY

Breakfast

Cereals, Fruit Juice, Breads, Croissants and Yogurts
Ready Brek
Full English Cooked Breakfast with Sausage, Bacon, Tomatoes, Beans, Hash Browns and Fried,
Boiled or Scrambled Egg

Hot Lunch

Jacket Potatoes with fillings
Soup of the Day

Hatch One

Beef Chilli
Baked Sausage and Bean Casserole
Hot Sandwich V - Halloumi and Roast Red Pepper Pitta with Salsa
Vegan - Lentil and Beetroot Bake

Hatch Two

Creamed Potatoes, Rice
Mangetout and Sweetcorn

Salad Bar

Ham, Turkey, Mackerel, Salmon, Cottage Cheese
Sweetcorn, Red Cabbage and Carrot, Pesto Pasta, Red Onion in White Wine Vinegar
Tomatoes, Cucumber, Coleslaw, Cheese, Lettuce

Indian Platter

Desserts

Cold – Strawberry Cheesecake and Jam Swiss Roll

Evening Meal

Soup of the Day

Seafood Lasagne
Chicken Goujons
Carrot, Zucchini and Ricotta Loaf
Quinoa, New potatoes
Broccoli
Full Salad Bar

Choice of Fresh Fruit & Yogurt
Hot – Blueberry Oaty Crumble with Custard



WORKSOP COLLEGE
AND
RANBY HOUSE

Autumn Term Week One - WEDNESDAY

Breakfast

Cereals, Fruit Juice, Breads, Croissants and Yogurts
Ready Brek

Full English Cooked Breakfast with Sausage, Bacon, Tomatoes, Beans, Hash Browns and Fried,
Boiled or Scrambled Egg

Hot Lunch

Jacket Potatoes with fillings
Soup of the Day

Hatch One

Hunters Chicken
Thai Red Salmon Curry
Balsamic Tomato and Cream Cheese Pasta
V - Hot Sandwich – Bean, Salsa and Cheese Quesadillas

Hatch Two

Sweet Potato Wedges, Boiled Potatoes, Quinoa
Stir Fried Cabbage and Creamed Leeks

Salad Bar

Ham, Corned Beef, Prawns, Turkey, Cottage Cheese
Sliced Peppers, Rice Salad, Broccoli, Rocket & Lentil, Radish and Celery
Tomatoes, Cucumber, Coleslaw, Cheese, lettuce

Tuna Pasta and Sweetcorn

Desserts

Cold – Lemon Drizzle and Chocolate Mousse with Mixed Berries

Evening Meal

Soup of the Day
Lamb Balti
Jerk Pork Ribs
Falafel on Roast Vegetables with Spicy Yogurt Dip
Chips, Boiled Potatoes, Rice
Peas
Full Salad Bar

Choice of Fresh Fruit or Yogurt
Hot – Rice Pudding



Autumn Term Week One - THURSDAY

Breakfast

Cereals, Fruit Juice, Breads, Croissants and Yogurts
Ready Brek
Full English Cooked Breakfast with Sausage, Bacon, Tomatoes, Beans, Hash Browns and Fried,
Boiled or Scrambled Egg

Hatch One

Hot Lunch
Soup of the Day
Jacket Potatoes with fillings

Hatch One

Roast Chicken
Vegan – Vegetable Sweet Potato Pie
Beef Bolognaise
V - Hot Sandwich – Cheese, Caramelised Onion and Bacon Toastie

Hatch Two

Roast Potatoes, Creamed Potatoes, Spaghetti, Stuffing
Roast Parsnips and Carrots

Salad Bar

Ham, Beef, Tuna, Prawns, Cottage cheese
Beetroot, Potato Salad, Mixed Olives, Black Bean Salad
Tomatoes, Cucumber, Coleslaw, Cheese, Lettuce

Chicken Caesar Salad

Desserts

Cold – Doughnuts and Double Choc Chip Loaf Cake, Jelly

Evening Meal

Soup of the day
Shepherd's Pie
Sweet and Sour Crispy Battered Pork
V – Polenta Crusted Vegetable Casserole
Boiled potatoes, Noodles
Broccoli
Full Salad Bar

Choice of Fresh Fruit or Yogurt
Hot – Chocolate Sponge and Chocolate Sauce



Autumn Term Week One - FRIDAY

Breakfast

Cereals, Fruit Juice, Breads, Croissants and Yogurts
Ready Brek
Full English Cooked Breakfast with Sausage, Bacon, Tomatoes, Beans, Hash Browns and Fried,
Boiled or Scrambled Egg

Hot Lunch

Jacket Potatoes with fillings
Soup of the Day

Hatch One

Baked or Fried Fish
Chicken Stir Fry
Hot Sandwich – BBQ Pulled Pork in Brioche Bun
Vegan – Garlic and Herb Stuffed Mushrooms

Hatch Two

Chips, Noodles
Mushy Peas and Fresh Mixed Vegetables

Salad Bar

Turkey, Ham, Mackerel, Tuna, cottage cheese
Spinach Salad, Bulgur Wheat Salad, Celery & Date Salad, Vegetable Sticks
Tomatoes, Cucumber, Coleslaw, Cheese, Lettuce

Prawn Salad with Thousand Island Dressing

Desserts

Cold - Passion Cake and Strawberry Whip

Evening Meal

Soup of the day
Portuguese Chicken
Meatball Subs
Vegan - Vegetable and Red Pesto Pasta
Sliced Potatoes & Onions
Green Beans
Rice
Full Salad Bar

Choice of fresh fruit or yogurt
Hot – Dried Fruit & Apple Filled Pancakes with Custard

