

AUTUMN TERM 20 WEEK ONE – SATURDAY

Breakfast

Cereals, Fruit Juice, Breads, Croissants and Yogurts
Ready Brek
Full English Cooked Breakfast with Sausage, Bacon, Tomatoes, Beans, Hash Browns and Fried, Scrambled or Boiled Egg

Hot Lunch

Soup of the Day
Jacket Potatoes with fillings

Hatch 1

Hot Sandwich – Chicken, Bacon & Avocado
Sausages with Onion Gravy
V/VE – Aloo Gobi Traybake

Hatch Two

New potatoes, Bulgur Wheat
Spring Green Vegetables

Salad Bar

Ham, Turkey, Tuna, Prawns, Cottage Cheese
Hard Boiled Eggs
Minted Cabbage Salad
Tuscan Salad
Pasta
Tomatoes, Cucumber, Coleslaw, Cheese, Lettuce
Tomato, Mozzarella and Basil

Desserts

Fruit Scones and Chocolate Cake
Fruit and Yogurt

Evening Meal

Beef Burger
V - Spicy Quorn Fillet Burger
Skinny Fries
Onion Rings

Banoffee Pie and Custard

AUTUMN TERM 20 WEEK ONE – SUNDAY

Brunch

Cereals, Fruit Juice, Breads, Pan au Chocolate and Yogurts
Ready Brek
Full English Cooked Breakfast with Sausage, Bacon, Tomatoes, Beans, Hash Browns and Fried, Boiled or Scrambled Egg

Sandwiches

Assorted Sandwiches

Evening Meal - Carvery

Soup of the Day

Full Salad Bar

Carvery of Roast Meats and Accompaniments
V - Vegetable Moussaka
Roast & Creamed Potatoes
Seasonal Vegetables

Syrup Sponge and Custard
Assorted Cold Desserts

AUTUMN TERM 20 WEEK ONE – MONDAY

Breakfast

Cereals, Fruit Juice, Breads, Croissants and Yogurts
Ready Brek
Full English Cooked Breakfast with Sausage, Bacon, Tomatoes, Beans, Hash Browns and Fried, Boiled or Scrambled Egg

Hot Lunch

Jacket Potatoes with fillings
Soup of the Day

Hatch One

Firecracker Beef Noodles
Smoked Ham and Cheese Baguette
V - Asparagus Tart
VE – Beetroot Falafel with Garlic & Thyme Vegan Mayo

Hatch Two

Potato Wedges, Coriander Rice
Peas and Minted Cabbage

Salad Bar

Ham, Chicken, Tuna, Prawns, Cottage cheese
Fennel and Radish Salad
Mint and Feta
Sliced Mixed Peppers
Farfalle with red Pepper Pesto
Tomatoes, Cucumber, Coleslaw, Cheese, Lettuce
Mini Spring Rolls with Hoisin Dip

Desserts

Cold – Caramel Slice and Choc Chip Cookies

Evening Meal

Soup of the day

Pork Chop
Lasagne
V - Quorn and Broccoli Bake
Creamed Potatoes, Rice, Mixed Vegetables

Full Salad Bar
Choice of Fresh Fruit or Yogurt
Hot – Pear and Raspberry Crumble & Custard

AUTUMN TERM 20 WEEK ONE – TUESDAY

Breakfast

Cereals, Fruit Juice, Breads, Croissants and Yogurts
Ready Brek
Full English Cooked Breakfast with Sausage, Bacon, Tomatoes, Beans, Hash Browns and Fried, Boiled or Scrambled Egg

Hot Lunch

Jacket Potatoes with fillings
Soup of the Day

Hatch One

Peri Peri Prawns, Garlic Bread
Braised Beef in Red Wine
V - Vegetable Chow Mein
VE - Mushroom Biryani Burritos

Hatch Two

Creamed Potatoes, Rice
Broccoli and Sweetcorn

Salad Bar

Ham, Turkey, Mackerel, Salmon, Cottage Cheese
Pea and Mint Salad
Tomato Salad
Chorizo, Bean and Bulgur Wheat
Mixed Olives
Tomatoes, Cucumber, Coleslaw, Cheese, Lettuce
Indian Platter

Desserts

Cold – Strawberry Cheesecake and Fruit Meringues

Evening Meal

Soup of the Day

Glazed Gammon Steaks
Cod Fishcakes with Tartar Sauce
V - Spanish Omelette with Sweet Potato
Pasta, Sauté potatoes, Peas

Full Salad Bar
Choice of Fresh Fruit & Yogurt
Hot – Marmalade Sponge Pudding with Custard

AUTUMN TERM 20 WEEK ONE – WEDNESDAY

Breakfast

Cereals, Fruit Juice, Breads, Croissants and Yogurts
Ready Brek
Full English Cooked Breakfast with Sausage, Bacon, Tomatoes, Beans, Hash Browns and Fried, Boiled or Scrambled Egg

Hot Lunch

Jacket Potatoes with fillings
Soup of the Day

Hatch One

Apricot Chicken
Cajun Salmon
V - Vegetable Burger with Burger Relish
VE – Lentil Dhal with Roast Cauliflower & Poppadum

Hatch Two

Rice and Potato Wedges
Stir Fried Cabbage and Creamed Leeks

Salad Bar

Ham, Corned Beef, Prawns, Tuna, Cottage Cheese
Sweetcorn
Tomato and Peach Salad
Pasta with Chicken and Spinach
Summer Bean Salad
Tomatoes, Cucumber, Coleslaw, Cheese, lettuce
Nachos with Tomato Salsa, Sour Cream and Jalapenos

Desserts

Cold – Lemon Drizzle and Raspberry Cream Profiteroles

Evening Meal

Soup of the Day

Beef and Ale Pie
Sweet and Sour Chicken
V - Spinach & Ricotta Cannelloni
Creamed Potatoes, Noodles, Sliced Green Beans

Full Salad Bar
Choice of Fresh Fruit or Yogurt
Hot – Rice Pudding

AUTUMN TERM 20 WEEK ONE – THURSDAY

Breakfast

Cereals, Fruit Juice, Breads, Croissants and Yogurts
Ready Brek
Full English Cooked Breakfast with Sausage, Bacon, Tomatoes, Beans, Hash Browns and Fried, Boiled or Scrambled Egg

Hot Lunch

Jacket Potatoes with fillings
Soup of the Day

Hatch One

Roast Chicken and Stuffing
Lamb Meatball Sub
V – Pea & Spinach Carbonara
VE - Vegetable Plait

Hatch Two

Roast and Creamed Potatoes
Sweetcorn and Broad Beans

Salad Bar

Ham, Beef, Tuna, Crab, Cottage cheese
Garlic Sausage and Pepper Salad
Potato and Chive Salad
Beet Salad
Grated Carrot
Tomatoes, Cucumber, Coleslaw, Cheese, Lettuce
Chicken Caesar Salad

Desserts

Cold – Manchester Tart and Double Choc Chip Loaf Cake, Jelly

Evening Meal

Soup of the day

Moules Mariner with French Stick
Turkey, Leek and Ham Filo Topped Pie
V/VE - Chick Pea and Mushroom Rendang
New potatoes, Buckwheat, Broccoli
Full Salad Bar

Choice of Fresh Fruit or Yogurt
Hot – Mincemeat Lattice with Custard

AUTUMN TERM 20 WEEK ONE – FRIDAY

Breakfast

Cereals, Fruit Juice, Breads, Croissants and Yogurts
Ready Brek
Full English Cooked Breakfast with Sausage, Bacon, Tomatoes, Beans, Hash Browns and Fried, Boiled or Scrambled Egg

Hot Lunch

Jacket Potatoes with fillings
Soup of the Day

Hatch One

Baked or Fried Battered Fish
Cajun Turkey Steak with Pineapple Salsa
V - Onion and Goats Cheese Tart Tatin
VE - Thai Green Vegetable Curry

Hatch Two

Chips, Rice
Mushy Peas and Fresh Mixed Vegetables

Salad Bar

Turkey, Ham, Mackerel, Tuna, Cottage Cheese
Watermelon & Feta salad
Chickpea and Spinach Salad
BLT Salad
Radish and Red Onion
Tomatoes, Cucumber, Coleslaw, Cheese, Lettuce
Prawn Salad

Desserts

Cold – Coffee and Mandarin Cake and Krispy Buns

Evening Meal

Soup of the day
Roast Beef and Yorkshire Pudding
Chicken Katsu
V - Arrabiatta Pasta Bake
Roast Potatoes, Rice, Green Beans
Full Salad Bar
Choice of fresh fruit or yogurt
Hot – Rhubarb Cobbler with Custard