



**WORKSOP COLLEGE**  
AND  
**RANBY HOUSE**

## **Autumn Term Week Three - SATURDAY**

### **Breakfast**

Cereals, Fruit Juice, Breads, Croissants and Yogurts  
Ready Brek  
Full English Cooked Breakfast with Sausage, Bacon, Tomatoes, Beans, Hash Browns and Fried,  
Scrambled or Boiled Egg

### **Hot Lunch**

Jacket Potatoes with fillings  
Soup of the Day

### **Hatch One**

Beef Lasagne  
Bacon and Tomato Topped Cod  
V - Egg Fried Rice with Bok Choy and Chilli  
Hot Sandwich – Chicken Souvlaki with tzatziki and Flatbread

### **Hatch Two**

Creamed potatoes, Bulgur Wheat  
Ratatouille and Swede

### **Salad Bar**

Ham, Chicken, Tuna, Prawns, Cottage Cheese  
Sugar Snap Peas & Baby Corn, Bean and Tomato Salad,  
Zucchini & Parsley Pesto Pasta

Mozzarella with Tomato and Basil

### **Desserts**

Cold – Berry Cheesecake and Chocolate Fudge Cake

### **Evening Meal**

Pizza Night  
Assorted Pizzas  
Salad

Gateau



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## **Autumn Term Week Three - SUNDAY**

### **Brunch**

Cereals, Fruit Juice, Breads, Croissants, Bagels and Cream Cheese and Yogurts  
Ready Brek  
Full English Cooked Breakfast with Sausage, Bacon, Tomatoes, Beans, Hash Browns and Fried,  
Boiled or Scrambled Egg

### **Sandwiches**

Chef's Choice

### **Evening Meal**

Tomato and Basil Soup  
  
Herb and Garlic Steak  
Turkey Pesto Meatballs  
Panko Coated Vegetables with Sweet Chilli Sauce  
Roast and New Potatoes  
Rice  
Roast Vegetables  
Full Salad Bar  
  
Pineapple Upside Down Pudding and Custard



## Autumn Term Week Three - MONDAY

### **Breakfast**

Cereals, Fruit Juice, Breads, Croissants and Yogurts  
Ready Brek  
Full English Cooked Breakfast with Sausage, Bacon, Tomatoes, Beans, Hash Browns and Fried,  
Boiled or Scrambled Egg

### **Hot Lunch**

Jacket Potatoes with fillings  
Soup of the Day

### **Hatch One**

Rump Steak with Peppercorn Sauce  
Prawn Pad Thai  
Carrot and Beetroot Fritters  
Hot Sandwich - Cheese, Red Pepper and Tuna Melt

### **Hatch Two**

Leek Mash, Rice  
Roasted Thyme Butternut Squash and Broccoli

### **Salad Bar**

Ham, Turkey, Salmon, Tuna, Cottage Cheese  
Corn Salad, Kale & Goats Cheese Salad, Grated Carrot, Cous Cous Salad  
Tomatoes, Cucumber, Coleslaw, Cheese, Lettuce

Chicken with Garlic and Herbs

### **Desserts**

Cold –Coconut Cake & Shortbread

### **Evening Meal**

Soup of the day  
Peri Peri pork Steak  
Fish Fingers with Dill Mayonnaise  
V - Cheese and Tomato Pasta  
Potato Waffles, Rice, Sweetcorn  
Full Salad Bar

Choice of Fresh Fruit or Yogurt  
Hot – Apple Pie



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## Autumn Term Week Three - TUESDAY

### **Breakfast**

Cereals, Fruit Juice, Breads, Croissants and Yogurts  
Ready Brek  
Full English Cooked Breakfast with Sausage, Bacon, Tomatoes, Beans, Hash Browns and Fried,  
Boiled or Scrambled Egg

### **Hot Lunch**

Jacket Potatoes with fillings  
Soup of the Day

### **Hatch One**

Bacon, Tomato and Spinach Gnocchi  
Hot Sandwich – Cheese and Jalapeno Melts  
Cottage Pie  
Sticky Chicken Drumsticks

### **Hatch Two**

Chive Potatoes, Rice  
Sautéed Courgettes and Mixed Vegetables

### **Salad Bar**

Beef, Ham, Mackerel, Tuna, Cottage Cheese  
Rice & Peas  
Apple, Celery and Cheese Salad  
Sliced Beetroot  
Carrot and Courgette  
Tomatoes, Cucumber, Coleslaw, Cheese, Lettuce  
  
Pate with French Bread

### **Desserts**

Cold – Fruit Filled Meringues and Fruit Cake with Cheese

### **Evening Meal**

Soup of the Day  
  
Tuna Rice Bake  
Pork Escalope with Cream of Leek Sauce  
Vegetable Stew with Herb Dumplings  
Potato Wedges & Cous Cous  
Red Cabbage  
Full Salad Bar  
  
Choice of fresh fruit or yogurt  
Hot – Rhubarb Crumble with Custard



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## **Autumn Term Week Three - WEDNESDAY**

### **Breakfast**

Cereals, Fruit Juice, Breads, Croissants and Yogurts  
Ready Brek

Full English Cooked Breakfast with Sausage, Bacon, Tomatoes, Beans, Hash Browns and Fried,  
Boiled or Scrambled Egg

### **Hot Lunch**

Jacket Potatoes with fillings  
Soup of the Day

### **Hatch One**

Home Made Pizza – Various Toppings  
Bacon Chops  
**Vegan** – Japanese Tofu Noodle Bowl

### **Hatch Two**

Boulangere Potatoes  
Peas and Cauliflower Cheese

### **Salad Bar**

Ham, Beef, Tuna, Mackerel, Cottage Cheese  
Spicy Yogurt Chicken, Rice Salad  
Carrot & Cabbage, Pasta Salad  
Tomatoes, Cucumber, Coleslaw, Cheese, Lettuce

Sausage Rolls

### **Desserts**

Cold – Victoria Sponge and Malt Loaf

### **Evening Meal**

Soup of the Day

Savoury Mince with Cheese Cobbler  
Chargrilled Turkey Steaks  
Vegetable Tacos  
Chips & Cous Cous  
Broccoli  
Full Salad Bar

Choice of Fresh Fruit or Yogurt  
Hot – Rice Pudding with Jam



## Autumn Term Week Three - THURSDAY

### Breakfast

Cereals, Fruit Juice, Breads, Croissants and Yogurts  
Ready Brek  
Full English Cooked Breakfast with Sausage, Bacon, Tomatoes, Beans, Hash Browns and Fried,  
Boiled or Scrambled Egg

### Hot Lunch

Jacket Potatoes with fillings  
Soup of the Day

### Hatch One

Roast Beef and Yorkshire Pudding  
Hot Sandwich – Southern Fried Chicken Sub  
Bombay Prawns and Coconut Noodles  
**Vegan** – BBQ sausage and Bean Hot Pot

### Hatch Two

Creamed and Roast Potatoes  
Green Beans and Carrots

### Salad Bar

Ham, Turkey, Tuna, Prawns, Cottage cheese  
Cucumber & Mint, Italian Salad  
Tabbouleh & Herb Salad  
Pomegranate & Pear with Ginger Dressing  
Tomatoes, Cucumber, Coleslaw, Cheese, Lettuce

Cheese & Biscuits

### Desserts

Cold – Raspberry and Coconut Slice and Carrot Cake

### Evening Meal

Soup of the day

Cheese Burgers  
Tuna Pasta Bake  
**Vegan** - Butternut Squash, Lemon and Parsley Risotto  
Sauté Potatoes  
Peas  
Full Salad Bar

Choice of Fresh Fruit or Yogurt  
Hot – Baked Stuffed Apples with Maple Syrup & Custard



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## **Autumn Term Week Three - FRIDAY**

### **Breakfast**

Cereals, Fruit Juice, Breads, Croissants and Yogurts  
Ready Brek

Full English Cooked Breakfast with Sausage, Bacon, Tomatoes, Beans, Hash Browns and Fried,  
Boiled or Scrambled Egg

### **Hot Lunch**

Jacket Potatoes with fillings  
Soup of the Day

### **Hatch One**

Battered or Baked Fish  
Aubergine Schnitzel  
Chicken Fajita with Salsa and Sour Cream  
Mushroom and Tarragon Mille Feuille

### **Hatch Two**

Chips, Sticky Rice  
Mushy Peas and Sweetcorn

### **Salad Bar**

Ham , Turkey, Beef, Mackerel, Cottage Cheese  
Red Cabbage, Pasta Salad,  
Orange & Avocado, Cheese Salad  
Tomatoes, Cucumber, Coleslaw, Cheese, Lettuce

Seafood Platter

### **Desserts**

Cold – Chocolate Brownie and Apple Pie

### **Evening Meal**

Soup of the Day

Toad in the Hole  
Lamb Pittas  
Spicy Sichuan Noodles  
Boiled Potatoes  
Leeks  
Full Salad Bar

Choice of Fresh Fruit or Yogurt  
Hot – Banana Bread and Butter Pudding with Custard