

Autumn Term Week Three - SATURDAY

Breakfast

Cereals, Fruit Juice, Breads, Croissants and Yogurts Ready Brek

Full English Cooked Breakfast with Sausage, Bacon, Tomatoes, Beans, Hash Browns and Fried, Scrambled or Boiled Egg

Hot Lunch - Hatch One

Turkey Bolognaise with Spaghetti
Hot Sandwich – Falafel Patties with Onion Jam in Pitta
Jacket Potatoes with fillings
Soup of the Day

Hot Lunch - Hatch Two

Pork Cumberland Curl with Onion Gravy
Vegetable and Bean Pepper Pot
Creamed potatoes
Ratatouille and Swede

Salad Bar

Ham, Chicken, Tuna, Prawns, Cottage Cheese Sweetcorn Blueberry, Cucumber and Tomato Salad Potato & Chive Salad Chilli & Cucumber in Natural Yogurt

Continental Meat Platter

Desserts

Cold - Egg Custard and Chocolate Gateau

Evening Meal

Soup of the Day

Chicken Breast Fricassee
Vegetable and Mexican Bean Tacos
Noodles, Chips
Peas
Full Salad Bar

Hot – Pineapple Upside Down Pudding and Custard Choice of Fresh Fruit or Yogurt



Autumn Term Week Three - SUNDAY

Brunch

Cereals, Fruit Juice, Breads, Croissants, Bagel with Avocado and Cream Cheese and Yogurts Ready Brek

Full English Cooked Breakfast with Sausage, Bacon, Tomatoes, Beans, Hash Browns and Fried, Boiled or Scrambled Egg

Sandwiches

Chef's Choice

Evening Meal – Mediterrnean

Tomato and Basil Soup

Chicken and Red Pesto and Mozzarella
Vegetable Carbonara
Marinated Lamb Kebabs
Homemade Potato Wedges
Spanish Rice
Roast Vegetables

Full Salad Bar

Sugar Waffles with Fruit Compote and Cream



Autumn Term Week Three - MONDAY

Breakfast

Cereals, Fruit Juice, Breads, Croissants and Yogurts Ready Brek

Full English Cooked Breakfast with Sausage, Bacon, Tomatoes, Beans, Hash Browns and Fried, Boiled or Scrambled Egg

Hot Lunch - Hatch One

Lentil and Vegetable Bake with Nachos

Hot Sandwich – Lamb and Coriander Burger with Coriander Salsa

Jacket Potatoes with fillings

Soup of the Day

Hot Lunch - Hatch Two

Chicken and Mushroom Crumble Spinach and Ricotta Cannelloni Roast Potatoes Roasted Thyme Beetroot and Peas

Salad Bar

Ham, Turkey, Salmon, Eggs, Cottage Cheese
Mixed Beans
Chinese Mushroom Salad
Florida Salad
Prawn Cocktail
Tomatoes, Cucumber, Coleslaw, Cheese, Lettuce

Chicken Drumsticks

Desserts

Cold - Butterfly Buns & Shortbread

Evening Meal

Soup of the day

Beef Ramen
Fish Fingers with Dill Mayonnaise
Chestnut, Kale and Pumpkin Pasties
Potato Waffles & Rice
Sweetcorn
Full Salad Bar

Hot – Apple and Blackberry Pie and Custard Choice of Fresh Fruit or Yogurt



Autumn Term Week Three - TUESDAY

Breakfast

Cereals, Fruit Juice, Breads, Croissants and Yogurts Ready Brek

Full English Cooked Breakfast with Sausage, Bacon, Tomatoes, Beans, Hash Browns and Fried, Boiled or Scrambled Egg

Hot Lunch - Hatch One

Gnocchi with Spinach, Peas and Cherry Tomatoes Hot Sandwich – Chargrilled Piri Piri Chicken Ciabatta Jacket Potatoes with fillings Soup of the Day

Hot Lunch - Hatch Two

Cottage Pie
Vegetable Pancakes with Cheese Sauce
Chive Potatoes

Minted Cabbage and Mixed Vegetables

Salad Bar

Beef, Ham, Mackerel, Tuna, Cottage Cheese
Rice & Peas
Watercress and Feta Salad
Thai Salad
Diced Melon
Tomatoes, Cucumber, Coleslaw, Cheese, Lettuce

Ploughmans Platter

Desserts

Cold - Raspberry and Coconut Slice and Fruit Cake with Cheese

Evening Meal

Soup of the Day

Lamb Ragout
Salmon Lasagne
Mushroom Soufflé
Potato Wedges & Cous Cous
Red Cabbage
Full Salad Bar

Hot – Mincemeat Lattice with Custard Choice of fresh fruit or yogurt



Autumn Term Week Three - WEDNESDAY

Breakfast

Cereals, Fruit Juice, Breads, Croissants and Yogurts Ready Brek

Full English Cooked Breakfast with Sausage, Bacon, Tomatoes, Beans, Hash Browns and Fried, Boiled or Scrambled Egg

Hot Lunch - Hatch One

Home Made Pizza – Various Toppings Jacket Potatoes with fillings Soup of the Day

Hot Lunch - Hatch Two

Chicken Korma Goats Cheese Tart Garlic Mashed Potato Stir Fried Vegetables

Salad Bar

Ham, Beef, Tuna, Prawns, Cottage Cheese
Spicy Yogurt Chicken
Barley, Courgette and Mint with Halloumi
Fennel, Pink Grapefruit & Celery Salad
Eggs
Tomatoes, Cucumber, Coleslaw, Cheese, Lettuce

Sausage Rolls

Desserts

Cold - Victoria Sponge and Malt Loaf

Evening Meal

Soup of the Day

Beef Bourguignon Hot Pot Honeyed Turkey Steaks Quorn Bolognaise Chips & Cous Cous Peas Full Salad Bar

Hot – Baked Rice Pudding with Jam Choice of Fresh Fruit or Yogurt



Autumn Term Week Three - THURSDAY

Breakfast

Cereals, Fruit Juice, Breads, Croissants and Yogurts Ready Brek

Full English Cooked Breakfast with Sausage, Bacon, Tomatoes, Beans, Hash Browns and Fried, Boiled or Scrambled Egg

Hot Lunch - Hatch One

Chicken Meatball Sub
Lentil Curry Bowl with Coriander Sauce
Jacket Potatoes with fillings
Soup of the Day

Hot Lunch - Hatch Two

Roast Beef and Yorkshire Pudding Vegetable Filo Pie in Tomato, Garlic Sauce Mustard Mash and Roast Potatoes Broccoli and Carrots

Salad Bar

Ham, Turkey, Tuna, Prawns, Cottage cheese
Cucumber & Mint
Italian Salad
Tabbouleh & Herb Salad
Cherry Tomatoes
Tomatoes, Cucumber, Coleslaw, Cheese, Lettuce

Cheese & Biscuits on a Platter

Desserts

Cold -Jam Donuts and Carrot Cake

Evening Meal

Soup of the day

Tuna Pasta Bake
Sausagemeat Plait
Satay Fritters with Sweet Chilli Dip
Boulangere Potatoes
Courgettes
Full Salad Bar

Hot – Bread and Butter Pudding with Custard Choice of Fresh Fruit or Yogurt



Autumn Term Week Three - FRIDAY

Breakfast

Cereals, Fruit Juice, Breads, Croissants and Yogurts Ready Brek

Full English Cooked Breakfast with Sausage, Bacon, Tomatoes, Beans, Hash Browns and Fried, Boiled or Scrambled Egg

Hot Lunch - Hatch One

Chilli Beef Nachos with Sour Cream and Salsa Bacon, Broccoli and Cream Cheese Hot Pot Jacket Potatoes with fillings Soup of the Day

Hot Lunch - Hatch Two

Battered or Baked Fish
Quorn Sausage and Pasta Bake
Chips
Mushy Peas and Sweetcorn

Salad Bar

Ham , Turkey, Beef, Mackerel, Cottage Cheese Spinach, Pine Nut and Carrot Salad Pasta Salad Sauteed Mushrooms Cheese Salad Tomatoes, Cucumber, Coleslaw, Cheese, Lettuce

Seafood Platter

Desserts

Cold – Strawberry Gateau and Lemon Meringue Pie Pie

Evening Meal

Soup of the Day

Cheese Burgers
Chicken Pie
Spicy Sichuan Noodles
Boiled Potatoes
Leeks
Full Salad Bar

Gooseberry Crumble and Custard Choice of Fresh Fruit or Yogurt