

**AUTUMN TERM 20 WEEK TWO – SATURDAY**

**Breakfast**

Cereals, Fruit juice, Breads, Croissants and Yogurts  
Ready Brek  
Full English Cooked Breakfast with Sausage, Bacon, Tomatoes, Beans, Hash Browns and Fried, Scrambled or Boiled Egg

**Hot Lunch**

Jacket Potatoes with fillings  
Soup of the Day

**Hatch One**

Chicken Goujons  
V – Mushroom Stroganoff  
VE – Sweet Chilli Vegetable and Tofu Stir-fry

**Hatch Two**

New Potatoes, Noodles  
Broccoli and Sweetcorn

**Salad Bar**

Turkey, Ham, Prawns, Cottage Cheese  
Tuna Pasta Salad  
Zucchini Ribbons with Mint  
Beetroot  
Sliced Melon Selection  
Tomatoes, Cucumber, Coleslaw, Cheese, Lettuce  
Egg & Cress

**Desserts**

Cold – Chocolate Gateau and Strawberries with Sorbet

**Evening Meal**

Assorted Pizzas  
Salad  
Chips  
Gateau

**AUTUMN TERM 20 WEEK TWO – SUNDAY**

**Brunch**

Cereals, Fruit Juice, Breads, American Pancakes with Blueberries and Maple Syrup and Yogurts  
Ready Brek  
Full English Cooked Breakfast with Sausage, Bacon, Tomatoes, Beans, Hash Browns and Fried, Boiled or Scrambled Egg

**Sandwiches**

Chef's Choice

**Evening Meal**

Nachos with Cheese, Sour Cream and Guacamole

Pot Roast Pork with Tarragon  
V/VE - Indian Vegetable Rice Pilaf  
Spicy Homemade Wedges  
Creamed Leeks and Peas

Full Salad Bar

Pancakes with Maple Syrup and Cream

**AUTUMN TERM 20 WEEK TWO – MONDAY**

**Breakfast**

Cereals, Fruit Juice, Breads, Croissants and Yogurts  
Ready Brek  
Full English Cooked Breakfast with Sausage, Bacon, Tomatoes, Beans, Hash Browns and Fried, Boiled or Scrambled Egg

**Hot Lunch**

Jacket Potatoes with fillings  
Soup of the Day

**Hatch One**

Teriyaki Chicken Panini  
Rump Steak and Grilled Tomato  
V - Cheese Croquettes  
VE - Vegetable Paella

**Hatch Two**

Roast Potatoes, Buckwheat  
Green Beans and Cauliflower Cheese

**Salad Bar**

Turkey, Beef, Ham, Salmon, Cottage Cheese  
Egg Salad  
Coconut & Lime Rice Noodles  
Mozzarella and Cherry Tomatoes  
Cucumber and Onion  
Tomatoes, Cucumber, Coleslaw, Cheese, lettuce  
Chilli Hummus with Grilled Pita Bread

**Desserts**

Cold –Raspberry & Coconut Slice and Chocolate Mousse

**Evening Meal**

Soup of the day  
Bratwurst Sausages with Curry Sauce  
Turkey Tagine  
V - Chickpea Burgers  
Creamed Potatoes, Cous Cous, Mixed Vegetables  
Full Salad Bar  
Choice of Fresh Fruit or Yogurt  
Hot – Cornflake Tart and Custard

**AUTUMN TERM 20 WEEK TWO – TUESDAY**

**Breakfast**

Cereals, Fruit Juice, Breads, Croissants and Yogurts  
Ready Brek  
Full English Cooked Breakfast with Sausage, Bacon, Tomatoes, Beans, Hash Browns and Fried, Boiled or Scrambled Egg

**Hot Lunch**

Jacket Potatoes with fillings  
Soup of the Day

**Hatch One**

Battered Pork Strips with BBQ Sauce  
Tandoori Chicken and Naan Bread  
V – Quorn Sausages with Red Onion Gravy  
VE - Mushroom, Spring Onion and Broccoli Pasta

**Hatch Two**

New Potatoes and Bulgur Wheat  
Sautéed Courgettes and Peas

**Salad Bar**

Ham, Turkey, Mackerel, Tuna, Cottage Cheese  
Strawberry and Spinach Salad  
Balsamic Beetroot  
Baby Corn  
Garlic & Thyme Potato Salad  
Tomatoes, Cucumber, Coleslaw, Cheese, Lettuce  
Vegetable Frittata

**Desserts**

Cold – Portuguese Custard Tart and Assorted Muffins

**Evening Meal**

Soup of the Day  
Scampi  
Minced Turkey Wellington  
V - Leek and Courgette Muffin with Tomato and Basil Sauce  
Rice, Spicy wedges & Jacket Potatoes  
Broccoli  
Full Salad Bar  
Choice of Fresh Fruit or Yogurt  
Hot – Summer Fruit Crumble with Custard

**AUTUMN TERM 20 WEEK TWO – WEDNESDAY**

**Breakfast**

Cereals, Fruit Juice, Breads, Croissants and Yogurts  
Ready Brek  
Full English Cooked Breakfast with Sausage, Bacon, Tomatoes, Beans, Hash Browns and Fried, Boiled or Scrambled Egg

**Hot Lunch**

Jacket Potatoes with fillings  
Soup of the Day

**Hatch One**

Mediterranean Beef Burger  
Butter Chicken  
V - Vegetable Tortilla Lasagne  
VE – Beetroot, Squash & Mushroom Wellington

**Hatch Two**

Roast and Creamed Potatoes, Rice  
Carrots and Spring Cabbage

**Salad Bar**

Chicken, Corned Beef, Tuna, Mackerel, Cottage Cheese  
Chicken Pasta  
Melon Salad  
Mixed Bean Salad  
Grated Lemon Carrot  
Tomatoes, Cucumber, Coleslaw, Cheese, Lettuce  
Cream Cheese Jalapenos and Mozzarella Sticks

**Desserts**

Cold – Chocolate Gateau & Strawberries and Ice Cream

**Evening Meal**

Soup of the Day  
Breaded Haddock  
Singapore Noodles with Pork  
Cheese and Ham or V - Cheese & Tomato Toasties  
Chips & Quinoa  
Sweetcorn  
Full Salad Bar  
Choice of Fresh Fruit or Yogurt  
Hot – Baked Bananas, Toffee Sauce and Custard

**AUTUMN TERM 20 WEEK TWO – THURSDAY**

**Breakfast**

Cereals, Fruit Juice, Breads, Croissants and Yogurts  
Ready Brek  
Full English Cooked Breakfast with Sausage, Bacon, Tomatoes, Beans, Hash Browns and Fried, Boiled or Scrambled Egg

**Hot Lunch**

Jacket Potatoes with fillings  
Soup of the Day

**Hatch One**

Hot Sandwich – Roast Beef Baguette with Horseradish  
Spanish Paprika Pork  
V - Spring Pea and Mint Tart  
VE - Gnocchi with Spinach & Tomato Garlic Sauce

**Hatch Two**

Potato Wedges, Rice  
Green Beans and Sautéed Red Cabbage with Raisins

**Salad Bar**

Ham, Pork, Tuna, Prawns , Cottage Cheese  
Beansprouts with Soy  
Halloumi, Pesto and Red Pepper  
Celery Sticks  
Quinoa Salad  
Tomatoes, Cucumber, Coleslaw, Cheese, Lettuce  
Yogurt and Curry Chicken

**Desserts**

Cold – Trifle, Fruit Jelly and Flapjack

**Evening Meal**

Soup of the day  
Salmon with Sweet Chilli and Lemon Dressing  
Beef Bolognese  
V - Spring Rolls and Hoisin Sauce  
Lyonnais Potatoes, Spaghetti  
Sautéed Greens  
Full Salad Bar  
Choice of Fresh Fruit or Yogurt  
Hot – Strawberry Pie with Custard

**AUTUMN TERM 20 WEEK TWO – FRIDAY**

**Breakfast**

Cereals, Fruit Juice, Breads, Croissants and Yogurts  
Ready Brek  
Full English Cooked Breakfast with Sausage, Bacon, Tomatoes, Beans, Hash Browns and Fried, Boiled or Scrambled Egg

**Hot Lunch**

Jacket Potatoes with fillings  
Soup of the Day

**Hatch One**

Battered or Baked Fish  
Mixed Grill – Sausage, Gammon, Grilled Chicken  
V - Mexican Style Eggs  
VE – Scrambled Tofu, Garlic Mushroom & red Onion Toastie

**Hatch Two**

Chips, Rice  
Peas & Baby Corn, Balsamic Glazed Tomatoes

**Salad Bar**

Ham , Turkey, Tuna, Mackerel, Cottage cheese  
Avocado, Celeriac and Sultana Salad  
Mixed Cherry Tomatoes  
Avocado Salad  
Pesto Pasta Salad  
Tomatoes, Cucumber, Coleslaw, Cheese, Lettuce  
  
Ploughman's Platter

**Desserts**

Cold - Custard Slice and Tiramisu

**Evening Meal**

Soup of the day  
  
Pork Meatballs in Red Pepper Sauce  
Piri Piri Chicken Drumsticks  
V - Macaroni Cheese  
New potatoes and Rice  
Corn on the Cob  
Full Salad Bar  
  
Choice of Fresh Fruit or Yogurt  
Hot – Plum Sponge and Custard