# SPRING TERM 21 WEEK ONE - SATURDAY

# **Breakfast**

Cereals, Fruit Juice, Breads, Croissants and Yogurts
Ready Brek
Full English Cooked Breakfast with Sausage, Bacon, Tomatoes, Beans, Hash Browns
and Fried, Scrambled or Boiled Egg

### **Hot Lunch**

Soup of the Day Jacket Potatoes with fillings

### Hatch 1

Hot Sandwich - Ranchers Chicken Burger Braised Steak in Red Wine Baked Cod with Cream & Chive Sauce Vegan - Vegetable Suet Pie

### Hatch 2

New Potatoes, Spiced Lentils, Rice Carrots, Broccoli

### Salad Bar

Ham, Turkey, Tuna, Prawns, Cottage Cheese Eggs, Pasta Salad, Jalapenos Tomatoes, Cucumber, Coleslaw, Cheese, Lettuce Chicken and Bacon

### **Desserts**

Fruit Scones and Chocolate Gateau
Fruit and Yogurt

### **Evening Meal**

Pizza Night Assorted Pizzas Salad

**Iced Doughnuts** 

# SPRING TERM 21 WEEK ONE - SUNDAY

# **Brunch**

Cereals, Fruit Juice, Breads, Pan au Chocolate and Yogurts
Ready Brek
Full English Cooked Breakfast with Sausage, Bacon, Tomatoes, Beans, Hash Browns
and Fried, Boiled or Scrambled Egg

### **Sandwiches**

**Assorted Sandwiches** 

# **Evening Meal - Carvery**

Soup of the Day

Full Salad Bar

Carvery of Roast Meats and Accompaniments

Vegan - Stuffed Tomatoes

Roast & Creamed Potatoes

Seasonal Vegetables

Chocolate Chip Sponge and Custard Assorted Cold Desserts

### SPRING TERM 21 WEEK ONE - MONDAY

### **Breakfast**

Cereals, Fruit Juice, Breads, Croissants and Yogurts
Ready Brek
Full English Cooked Breakfast with Sausage, Bacon, Tomatoes, Beans, Hash Browns
and Fried, Boiled or Scrambled Egg

#### **Hot Lunch**

Jacket Potatoes with fillings
Soup of the Day

### **Hatch One**

Cheese and Ham Pasta
Meat and Potato Pie
V - Hot Sandwich – Garlic Mushrooms on Toast
Vegan - Vegetable Curry

### **Hot Lunch – Hatch Two**

Chive Mashed Potatoes, Rice Mushy Peas and Minted Cabbage

### **Salad Bar**

Ham, Chicken, Tuna, Prawns, Cottage cheese
Mixed Bean Salad, Pineapple, Asparagus and Radish, Fruited Cous Cous
Tomatoes, Cucumber, Coleslaw, Cheese, Lettuce
Egg Mayonnaise

### Desserts

Cold - Caramel Slice and Cherry & Coconut Tart Fruit and Yogurt

### **Evening Meal**

Soup of the day
Chicken Tagine
Pork & Stuffing Baguettes with Apple Sauce
Vegan – Vegetable Stir Fry
Roast Potatoes, Cous Cous, Mixed Vegetables
Full Salad Bar

Choice of Fresh Fruit or Yogurt Hot – Bread & Butter Pudding & Custard

### SPRING TERM 21 WEEK ONE - TUESDAY

### **Breakfast**

Cereals, Fruit Juice, Breads, Croissants and Yogurts Ready Brek

Full English Cooked Breakfast with Sausage, Bacon, Tomatoes, Beans, Hash Browns and Fried, Boiled or Scrambled Egg

# **Hot Lunch**

Jacket Potatoes with fillings
Soup of the Day

# **Hatch One**

Sweet & Sour Battered Chicken
Pork Sausages
Hot Sandwich V - Halloumi Pitta with Salsa
Vegan - Oat and Chick Pea Dumplings with Tomato Sauce

# **Hatch Two**

Creamed Potatoes, Rice Mangetout and Sweetcorn

### **Salad Bar**

Ham, Turkey, Mackerel, Salmon, Cottage Cheese Sweetcorn, Red Cabbage and Carrot Salad, Red Pesto Pasta, Red Onion Tomatoes, Cucumber, Coleslaw, Cheese, Lettuce

**Indian Platter** 

### Desserts

Cold - Strawberry Cheesecake and Jam Swiss Roll

### **Evening Meal**

Soup of the Day

Shrimp Penne in Tomato Sauce
Southern Fried Chicken
Vegan - Mushroom and Sweet Potato Ragu
Quinoa, New potatoes
Broccoli
Full Salad Bar
Choice of Fresh Fruit & Yogurt
Hot - Pineapple Upside Down Sponge with Custard

# SPRING TERM 21 WEEK ONE - WEDNESDAY

### **Breakfast**

Cereals, Fruit Juice, Breads, Croissants and Yogurts Ready Brek

Full English Cooked Breakfast with Sausage, Bacon, Tomatoes, Beans, Hash Browns and Fried, Boiled or Scrambled Egg

# **Hot Lunch**

Jacket Potatoes with fillings
Soup of the Day

### **Hatch One**

Chicken Stew and Yorkshire Pudding
Teriyaki Salmon
Vegan - Vegetable Risotto
V - Hot Sandwich - Bean, Salsa and Cheese Quesadillas

### **Hatch Two**

Cheese Mash, Bulgur Wheat Stir Fried Cabbage and Creamed Leeks

#### **Salad Bar**

Ham, Corned Beef, Prawns, Tuna, Cottage Cheese Sliced Peppers, Rice Salad, Beansprouts & Mangetout, Anti Pasto Salad Tomatoes, Cucumber, Coleslaw, Cheese, lettuce

Smoked Trout Pate with Crackers

# **Desserts**

Cold - Lemon Drizzle and Chocolate & Orange Mousse

### **Evening Meal**

Soup of the Day
Lamb Balti with Poppadum
Bacon Chop
V - Falafel on Roast Vegetables with Spicy Yogurt Dip
Chips, Boiled Potatoes, Rice
Peas
Full Salad Bar

Choice of Fresh Fruit or Yogurt Hot – Rice Pudding

### SPRING TERM 21 WEEK ONE - THURSDAY

### **Breakfast**

Cereals, Fruit Juice, Breads, Croissants and Yogurts Ready Brek

Full English Cooked Breakfast with Sausage, Bacon, Tomatoes, Beans, Hash Browns and Fried, Boiled or Scrambled Egg

### **Hot Lunch**

Soup of the Day Jacket Potatoes with fillings

### **Hatch One**

Roast Chicken and Stuffing

Vegan – Hot Sandwich – BBQ Jack Fruit & Vegetable Stir Fry Wrap

Beef Bolognaise

V - Vegetable Filo Pie with Cheese Sauce

### **Hatch Two**

Roast & Creamed Potatoes, Spaghetti Roast Parsnips and Carrots

### **Salad Bar**

Ham, Beef, Tuna, Chicken, Cottage cheese Beetroot, Potato Salad, Mixed Olives, Avocado, Mint & Feta Tomatoes, Cucumber, Coleslaw, Cheese, Lettuce Pizza

#### **Desserts**

Cold - Doughnuts and Double Choc Chip Loaf Cake, Jelly

### **Evening Meal**

Soup of the day
Turkey & Broccoli Crumble
Pork Steak Chasseur
V - Mozzarella and Tomato Toastie
Boiled potatoes, Noodles
Sprouts
Full Salad Bar

Choice of Fresh Fruit or Yogurt Hot – Chocolate Sponge and Chocolate Sauce

### SPRING TERM 21 WEEK ONE - FRIDAY

# **Breakfast**

Cereals, Fruit Juice, Breads, Croissants and Yogurts Ready Brek

Full English Cooked Breakfast with Sausage, Bacon, Tomatoes, Beans, Hash Browns and Fried, Boiled or Scrambled Egg

### **Hot Lunch**

Jacket Potatoes with fillings
Soup of the Day

### **Hatch One**

Baked or Fried Fish
Japanese Chicken Sandwich
Gnocchi with Bacon, Tomato & Spinach
Vegan – Garlic and Herb Stuffed Mushrooms

### **Hatch Two**

Chips, Quinoa
Mushy Peas and Fresh Mixed Vegetables

### **Salad Bar**

Turkey, Ham, Mackerel, Tuna, cottage cheese
Spinach salad, Minted Cous Cous, Saurkraut, Julienne of Raw Vegetables
Tomatoes, Cucumber, Coleslaw, Cheese, Lettuce
Prawn Salad with Thousand Island Dressing

#### **Desserts**

Cold - Passion Cake and Crème Caramel

#### **Evening Meal**

Soup of the day
Cottage Pie
Lamb Steak with Chimichurri Sauce
V - Vegetable Tortillini
Sliced Potatoes & Onions
Green Beans
Rice
Full Salad Bar

Choice of fresh fruit or yogurt Hot – Mincemeat Tart with Custard